

Munul Sun

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VOL. 27, NO. 21

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 22, 2019

NOVEMBER SUNRISE/SUNSET: **22** 6:52 • 5:37 **23** 6:53 • 5:36 **24** 6:54 • 5:36 **25** 6:54 • 5:36 **26** 6:55 • 5:36 **27** 6:56 • 5:36 **28** 6:57 • 5:36

Sanibel Thanksgiving Celebration

by Jeff Lysiak

he 18th annual Sanibel Thanksgiving Celebration will take place on Sunday, November 24 beginning at 6:30 p.m. at The Community House, located at 2173 Periwinkle Way. All are invited to join this celebration of Thanksgiving in words and song. There is no admission charge.

The mayor, city manager and representatives from all of the island churches are scheduled to take part, along with music and song from BIG ARTS Community Chorus under the direction of Ellen Whitten. The chorus will perform holiday songs including Gloria by Antonio Vivaldi, Thankful

continued on page 16



Attending last year's Sanibel Thanksgiving were, from left, Jill McArthur, Fred Nordstrom, Andrea Flynn, Brayden Williams, Mary Bondurant, Keith Williams, Tiffany Williams and Bertha Cohen photo provided



Photographer Clyde Butcher greeted fans and signed autographs during last week's exhibition opening at the JN "Ding" Darling National Wildlife Refuge photos by Jeff Lysiak

Photography Exhibit Now Open At Refuge

by Jeff Lysiak

icking off what is sure to be a memorable 75th anniversary season of celebration, the JN "Ding" Darling National Wildlife Refuge hosted world renowned photographer Clyde Butcher for a book signing appearance

as well as the launch of his four-month photographic exhibition at the Visitor & Education Center.

Shortly after 9 a.m. on November 13, refuge guests began to fill the center, standing in line to get their Clyde Butcher books, calendars, note cards and prints signed by the iconic large format photographer, whom many have dubbed "the Ansel Adams of Florida." While awaiting his arrival, many people strolled through the venue to view Butcher's American Everglades Collection, a series of 35 black-and-white photographic



Grand opening attendees strolled through an exhibit featuring 35 of Clyde Butcher's blackand-white images

images of the Florida Everglades, coastal islands and other unspoiled areas of the Sunshine State.

"Wilderness, to me, is a spiritual necessity," Butcher explained in his artist statement on display at the exhibit. "When my son was killed by a drunken driver, it was to the wilderness that I fled in hopes of regaining my serenity and equilibrium. The mysterious spiritual experience of being close to nature helped restore my soul."

It was also during this time that Butcher discovered the intimate beauty of the environment.

'My experience reinforced my sense of dedication to use my art form photography – to show people that there is unity between all undisturbed natural places, whether a peak of a renowned mountain range or a stream-bed in an urban watershed," he added. "My hope is to educate... to let people know our land is a special place, and to inspire others to work together to save nature's places of spiritual sanctuary for future generations."

In addition to the large scale

continued on page 27

The Sanibel Masters ART FESTIVAL November 29 & 30 Sanibel Community House 2173 Periwinkle Way, Sanibel 239-293-9448



From left, MOAA Representative Commander Doug Quelch, USN (ret.), Elizabeth Agibalova-Garcia, Noah Ashley, Micah Baker, Jonah Costa and City of Sanibel Recreation Director Trish Phillips

photo provided

Veterans Day Essay Contest Winners

The City of Sanibel Recreation
Department and the Lee Coast
Chapter of the Military Officers
Association of America (MOAA) hosted
a Veterans Day Essay Contest for island
youth in grades four through eight.

The winners of the essay contest were sixth grader Elizabeth Agibalova-Garcia and fifth grader Jonah Costa. Honorable mention awards were presented to seventh grader Noah Ashley and sixth grader Micah Baker.

Contest winners were recognized at the Veterans Day Ceremony on November 11. Winners received \$100 checks and honorable mentions received \$50 checks. Prizes were provided by Bank of the Islands.

CARD OF THANKS





Members Sanibel Fire and Rescue District at work

photos by Randy Carson

Sanibel Fire To The Rescue

embers of American Legion Post 123 thank Sanibel Fire and Rescue District for their help in replacing the line on the flagpole in the nick of time for Veterans Day.





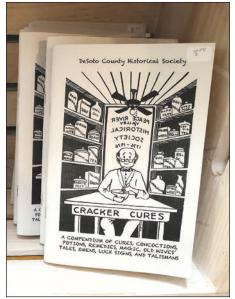
Toys, puzzles and books photos provided

Shop For Unique Gifts On Museum Store Sunday

he Sanibel Historical Museum & Village will take part in the 3rd annual Museum Store Sunday, sponsored by the Museum Store Association, on December 1 from 9 a.m. to 3 p.m. Entrance to the store is free, but the museum and village will be closed.

"More than 1,200 stores representing all 50 states are participating. The event follows Black Friday and Small Business Saturday, and precedes Cyber Monday. We're trying to keep the shopping going during this popular weekend," said Executive Director Emilie Alfino. "We have a wide variety of merchandise, from jewelry and hand-crafted pine needle baskets, Calusa reproductions, cookbooks, history books, toys and more. We are lucky to have two local artisans on hand to demonstrate their crafts. Gisela Damandl will be weaving her pine needle baskets, and museum volunteer and artisan Connie Jump will demonstrate her creative necklaces and wind chimes.

Museum Store Sunday is a global annual event to help museum stores increase community engagement and advocate for nonprofit retail while



Cracker Cures



Jewelry and accessories

showcasing the products unique to each store involved.

Stuart Hata, co-chair of the national Museum Store Sunday Committee, said, "It is important to include local artisans because Museum Store Sunday is our global annual day of advocacy celebrating how museum stores are resources for local communities and their visitors.

Hata also believes it is important to show support for cultural institutions and their stores and to patronize museums.

Sanibel Historical Museum and Village is located at 950 Dunlop Road on Sanibel. For more information, visit www. sanibelmuseum.org or call 472-4648.



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Theodore Roosevelt, fourth from left, at the Snyder School

photo courtesy CIHS archives

Captiva Island Historical Society

Looking Back: Theodore Roosevelt

₹his week's image is of Theodore Roosevelt on a visit to the Snyder School during his fishing expedition to Captiva to catch devil fish.

Shop in SW Florida -News Press Readers Poll

2000-2019



The History Gallery, developed by the

Captiva Island Historical Society (CIHS), features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for

Visit the website at www. captivaislandhistoricalsociety.org/ archives/research to view many more images to bring you closer to Captiva.☆

Churches/Temples

ANNUNCIATION GREEK **ORTHODOX CHURCH**

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch. org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA **CHAPEL BY THE SEA**

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch. com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST**

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 9 and 11 a.m. with Sunday school and nursery care provided, www.sanibelucc.org, 2050 Periwinkle Way,

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.



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OBITUARY



JOESEPH H. LETOURNEAU

Joseph Hector Letourneau III, 74, of Sanibel died on November 8, 2019 at Hope Hospice House in Fort Myers after a long and valiant battle with cancer. Joe was born on August 17, 1945

Joe was born on August 17, 1945 in Trenton, New Jersey to Joseph H. Letourneau, Jr. of Salem, Massachusetts and Lillian (Fourgere) Letourneau of Havre Boucher, Nova Scotia. He was the oldest of three children and the only boy. He grew up in Salem and attended Bishop Fenwick High School in Peabody, Massachusetts, where he was

an all-round athlete and captain of the basketball team. He attended Norwich University in Vermont where he was in the Corps of Cadets, graduating with a BS in mechanical engineering. Upon graduation he served in the Army for two years as a first lieutenant. After several private sector engineering jobs, he worked for the United States government, first at NASA's Goddard Space Flight Center in Greenbelt, Maryland, and then at the Department of Energy in Washington, DC. During his DC area years, he lived in Bowie and Annapolis, Maryland.

Joe was one of a kind. He was truly a happy man who found joy in each moment. He was the rock for his Letourneau family. He was brave, resilient and upbeat to the end. He brought light and much laughter into the lives of everyone he touched. He had an indomitable spirit and zest for life.

Joe's passion in life was not his career – it was his family, his friends and his hobbies. Always the mechanical engineer, he loved the challenge of problem solving and working with his hands to make something. He was never without some project he was working on. He pursued his passions for kayaking, sailing, hiking, biking and pickelball (which he discovered on Sanibel in his last five years). It was all about having fun with friends and family. He had a lifelong attachment to his Fenwick High School friends, and his annual backpacking trips (47 years with the same four friends) were legendary.

His happy place was "the cabin" in Cherryfield, Maine where he spent long summers for 19 years with Darla, sharing

their special place with the kids, grandkids and many friends.

He is survived by his wife of 34 years, Darla Jo (White) Letourneau of Sanibel, and two sons: Justin and wife Sandi of Lakewood Ranch, Florida; and Josh and wife Jessica of Matthews, North Carolina. He is survived by three grandchildren: Aiden, Olivia and Ava. He is also survived by two sisters, Cecilia Kawczynski (and husband Eddie), and Carol Carter, both of Salem. He was preceded in death by his parents, Joseph and Lillian Letourneau.

A Celebration of Life will be held on Saturday, January 4, 2020 at 4 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. There will also be a gathering in Salem at a later date for Joe's Salem area friends and family to celebrate his life and share memories.

The family extends special thanks to Joe's large medical care family: Advanced Prostate Cancer Institute in Charlottesville, Virginia; Florida Cancer Specialists of Fort Myers; Hope Hospice of Fort Myers; and Patient Advocate Jan Manarite. They enabled him to live a longer life of quality, and also provided support, encouragement and compassion on the 12-year journey.

Contributions to his memory may be made to Cancer ABCs at www.
Cancerabcs.org or mail to 315 Hicks
Street, Brooklyn, NY 11201 (in support of Jan Manarite's Patient Advocate work); to Hope Hospice at https://donate.
hopehcs.org/or mail to 9470 HealthPark
Circle, Fort Myers, FL 33908; or The
Stephen Donaldson Fund at Bishop
Fenwick High School, 99 Margin Street,
Peabody, MA 01960.

He will be greatly missed by his family and many friends. "Death leaves a heartache no one can heal, love leaves a memory no one can steal."

Walk Through Bethlehem At Sanibel Church

elebrate the meaning of Christmas with a Walk Through Bethlehem inside the historic chapel at Sanibel Community Church on Thursday, December 5 from 5:30 to 9 p.m. and Friday, December 6 from 5:30 to 9 p.m. The chapel will be transformed into the ancient town of Bethlehem. This is a free, family-friendly event, accessible to all, however, no pets are allowed.

The church grounds will be illuminated and the sounds of Christmas will fill the air. Guests will be led in groups through the ancient streets where citizens will greet everyone and share their anticipation of the Messiah's birth in their little town. The tour will last about 25 minutes. To reduce the time waiting in line, tickets will be given out on the night of the performance.

This is the 12th year Sanibel Community Church has produced Walk Through Bethlehem, and guests from previous years have commented that their walk was realistic and impactful, a family tradition they will hold on to.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, call 472-2684.☆

Sadness and Disappointment at Dissolution of St. Isabel Parish Women's Guild

The peremptory dissolution of the Women's Guild of St. Isabel Parish by the newly appointed Administrator of the parish, Fr. Ed Martin, prompts me to voice my sadness and disappointment. In disbanding the St. Isabel's Women's Guild, the Administrator complained that, in formulating our programs and priorities, we chose our "own authority and direction." This is certainly true, as we are adult Catholic women endowed by our God with intellect and the inspiration of the Spirit in charting the course of this voluntary association.

The Administrator's rationale reflects the clericalism that has been the source of so many of the problems within the Church. The notion is that only priests can discern the meaning of the Gospel message, and mere lay people, especially women, should follow meekly what the clergy tell them to do, and do only what the clergy allow and direct. This is the outmoded thinking that the Second Vatican Council rejected more than fifty years ago, recognizing that the Church consists of the entire People of God, including the laity through whom the Spirit works. In fact, there are many in the Church, both lay and clergy, who believe that, if more women were in positions of authority and leadership within the Catholic Church, fewer children would have been left exposed to predatory clergy and bishops who hid the truth and denied the abuse that has so harmed our Church.

I am surprised that I feel compelled to make this public statement. I have been a good and faithful daughter of the Catholic Church. I have worked for the Church in several professional positions, including as superintendent of a Catholic school system and as diocesan director of pastoral care. For more than forty years I have been an authorized extraordinary minister of the Eucharist. I am a Dame in Obedience of the Order of Malta. Pope Benedict XVI awarded me the Cross pro Ecclesia et Pontifice for my service to the Church. In addition, I have seven children, twenty grandchildren and two great grandsons. Our youngest son was recently ordained a Deacon, and a few months ago he was able to baptize our new great-grandson.

I recite this history simply to establish that I am an active and faithful Catholic and to explain my own surprise at what I feel compelled to write now. In the more than 40 years that I have attended St. Isabel Church, I have never been as surprised and saddened as I am by the Administrator's dissolution of the Women's Guild, a group that for 42 years had faithfully cared for the needs of others, including the bereaved in our parish, migrants and immigrants in south Florida, African children, the elderly, and babies and young mothers in need of support. We also joined in ecumenical projects with other faith communities. In all the suffering that followed the peremptory dismissal of our beloved Pastor, Fr. Christopher Senk, the Women's Guild continued to meet, serve, and comfort through its Bereavement Committee. In the latter work, no grieving family members were turned away or asked whether or not they supported our Pastor. It was a loving work of Christian community.

I hope and expect that the traditional work of the Guild in implementing the Gospel in our community life will continue, regardless of what new name it may assume. I pray that we shall be ecumenical, charitable, collegial, open to all who choose to join us, and will act conscientiously with our own "authority and direction." Fortunately, it is very difficult to silence or suspend the work of motivated, faithful Catholics who want to build community and serve others.

Written and paid for by Madeline E. Lacovara





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Congregational Church Offering Yoga Classes

anibel Congregational United Church of Christ offers three types of yoga classes each week. Chair Yoga with Moon (Price) is held on Mondays and Wednesdays, while Gentle Yoga is taught each Thursday by Grethe Christensen. All three classes provide students a supportive environment whether this is their first class, or they are a longtime yoga practitioner.

Christensen trained with Swami Rama at the Himalayan Institute. "Spiritual, physical, mental. Take one of these away and you limp," said Christensen.
"When I am on the golf course with younger friends, they say that I walk like a 20-year-old," though she is 83.

Price is certified in chair yoga for

seniors. It will help you renew, restore and relax. Both encourage their students not to push themselves beyond what their body allows. Their goal is to help their students recover and retain movement, whatever physical limitations they face. Price said, "motion is lotion" and that "sitting is the new smoking" in terms of damage it is doing to people.

Gentle Yoga classes are held on Thursdays at 9 a.m. in Fellowship Hall. Chair Yoga classes are held on Mondays at 11:30 a.m. and Wednesdays at noon in Fellowship Hall in the church. Cost is \$5 per session and no signup is

required.
Sanibel Congregational United



Moon Price, left, demonstrates the warrior 2 pose for chair yoga, while Grethe Christensen shows hold the mountain with prayer hands pose

Church of Christ is located at 2050 Periwinkle Way, across from Periwinkle Place. For more information, call

472-0497, or stop by the church office Monday through Friday from 9 a.m. to 3 p.m.☆

FISH Providing Holiday Baskets

uring the holidays, when many neighbors are trying to provide food, gifts and a joyous time for their families and children, FISH of SanCap experiences an increase in requests for assistance

FISH offers a holiday food program to families during the Christmas season. Food baskets are offered to households who are known to the FISH Social Services Department through participation in other

Thanks to FISH donors, community partners and volunteers, baskets of canned food, fresh and canned vegetables, holiday goodies and a gift card to purchase a protein of choice will be assembled and distributed in time for the holiday. This year, FISH anticipates up to 100 holiday baskets will be distributed to island neighbors. Basket distribution will take place from 9 a.m. to 3 p.m. on Thursday, December 19 and Monday, December 23. Additional programming around the Christmas holiday includes Adopt-A-Family and a Toy Drive.

'Many are still suffering from the reduction of work hours over the summer, and they still haven't caught up with their bills," said Maria Espinoza, walk-in center manager at FISH. "We hope to take some of the financial burden off while focusing on the spirit of the holiday by providing a food basket with all the fixings for a wonderful holiday meal.'

For more information, call Maria Espinoza at 472-4775.☆



Interact Club Packs Meals For Food Pantry

submitted by Joleen Raho, Sanibel-Captiva Rotary Club

n November 9, The Sanibel School Interact Club packed nutritious meals for local food pantries. "Our local food pantries have been depleted as we have sent thousands of meals to those in need in the Bahamas, and areas devastated by Michael, Maria and even Irma," said one representative from Meals of Hope.

This year, each Mac-N-Cheese meal made with soy to provide protein, raw uncut noodles for energy and a cheese sauce infused with a vitamin blend for balanced nutrition, will go far to resupply local food stores.

The event was held at The Community House and was the second partnership between the Sanibel-Captiva Rotary Club and the Sanibel Congregational United Church of Christ. who shared the cost of the 25,000



Edna Dykhuizen

photos provided

meals.

The Sanibel Interact Club is sponsored by the Sanibel-Captiva Rotary Club. The club challenges middle school students to look around their



From left, Kayce Nette, Maya Brennan and Ava Selby packing meals

community, identify places of need, develop and implement ways to help, while developing into positive, proactive youth leaders. The students are then challenged to identify and help those

struggling with the same or similar issues somewhere out in the world. A special thank you goes out to Edna Dykhuizen, teacher at The Sanibel School and mentor of this group of students.

Veterans Honored At Church Services

anibel Congregational United Church of Christ honored veterans on November 10 with its Veterans Sunday services. Upon the Chancel at the front of the sanctuary was set a White Table to remember and honor those who are prisoners of war and missing in action. Each item has a special significance, from the white tablecloth that honors a soldier's pure heart to the empty chair that symbolizes all the empty spots at family's tables of missing soldiers. Members from the congregation take care in preparing this table each year as a tribute to these missing soldiers.

The Suncoast Brass Quintet played at the 9 and 11 a.m. services. Keeping with the congregation's long-held tradition, they led the Veteran's Hymn near the close of worship. This hymn honors veterans with a stanza for each branch of



The White Table is inspired by a tradition that originated during the Vietnam War

photos provided

the service. Veterans from each branch and their families were invited to stand as the stanza was sung that honors their branch. The Suncoast Brass then closed out each service with a rendition of the Armed Forces Salute.



Suncoast Brass Quintet

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from Periwinkle Place. On Sundays from November through April, services are: 7:45 a.m. chapel service; 9 a.m. blended service; and the 11 a.m.

traditional service. Nursery care is offered during the 9 a.m. and 11 a.m. services, with Sunday School held during the 9

For more information, call 472-0497 or visit www.sanibelucc.org.☆

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What's Happening At The House

MONDAYS

10 am Shell Crafter Lesson **Limited Seating**

TUESDAYS & THURSDAYS

10 am & 11:15 am Sanibel Yoga

SUN. NOVEMBER 24

6:30 pm Thanksgiving Celebration **Nondenominational Service**

FRI. & SAT. NOVEMBER 29-30

9 am - 4 pm Masters Art Festival

MON. DECEMBER 2

9:30 am Oil Painting w/ Suzette 2:30 pm Kids Cooking 1st Monday

Sat. December 14

9 am - 4 pm Holiday Bazaar We are currently looking for vendors with homemade goods

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The Community House

SANIBEL COMMUNITY ASSOCIATION

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"To enrich community spirit through educational, cultural and social gatherings in our historic Community House." The SCA is a 501c 3 Organization.

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A Fond Farewell To Fred, King Of Periwinkle Park

by Jeff Lysiak

red, the green winged macaw who was the star of the Periwinkle Park Bird Show, passed away on November 11. According to Marisa Muench, who assisted with Fred's care, the exotic bird was approximately 60

(Periwinkle Park co-owner) Dick (Muench) acquired him almost 30 years ago after he was surrendered by his former owner," explained Marisa. "And that woman had him for 30 years... she called Fred her baby. And I could easily

According to Muench, Fred was beloved by residents of the park and visitors attending the three-times-weekly bird show, hosted by Libby Baird. After moving to Sanibel four years ago, Muench was entrusted to care for Fred by Baird - also known as "The Bird Lady" - who was about to head up north for the summer.

"I didn't know anything about birds, so I looked up everything I could on the Internet about how to care for them, how to feed them," said Muench. "For the first three months, I would take him out on a stick because I was afraid to touch him. But then one day, he sort of gave me a tug on my shirt as if to say, 'Hey! Let's go!



Fred and Marisa Muench

photos courtesy Marisa Muench

From that point on, the two were inseparable.

"He used to like riding around in the golf cart - that was his thing. And after Hurricane Irma (in 2017), I started bringing him home. He had his own perch in our backyard," explained Muench. "Green winged macaws are known to be very gentle, very loving birds. I always knew what he was thinking. He might've had the mentality of a 5-year-old, sometimes acting like



Fred perched on a fence

a demanding toddler, but he always did what I asked him to do."

Following the sudden loss of Fred, an outpouring of sympathy has come in from across the world. Island residents and people who enjoyed the Periwinkle Park Bird Show over the decades have sent messages of care and compassion, along with their special memories of

"He truly was the King of Periwinkle Park," added Muench. 公



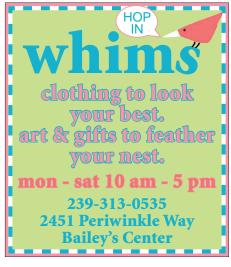
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The Thrips Are Coming

by Gerri Reaves

razilian pepper's (Schinus terebinthifolius) reputation as a major threat to Florida's environment has long been established, and the planting, sale, or distribution of the species has been prohibited for years.

Nevertheless, it still invades hammocks, pinelands, mangrove forests, and other habitats, producing thick growth that dominates and shades out other plants.

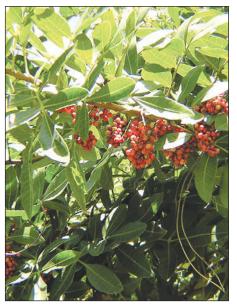
This species that originated in Brazil, Argentina, Uruguay and Paraguay was introduced to the state in the 1840s.

It is listed as a category-I pest plant by the Florida Exotic Pest Plant Council (FLEPPC). That designation means that the species has caused documented ecological damage.

Such plants have altered native plant communities "by displacing native species, changing community structures or ecological functions, or hybridizing with natives," according to the FLEPPC.

This pest even continues to thrive in the yards of uninformed or indifferent homeowners. Because the seeds are spread by birds and other wildlife, eradicating every peppertree is important.

Long-term focused government efforts to eradicate it have not been up to the task. The South Florida Water Management District spent \$2.6 million



Brazilian pepper's pretty berries earn it benign names such as Christmasberry and Florida holly, but the species is one of the most damaging ever introduced to Florida's ecosystem photos by Gerri Reaves

on controlling it in fiscal year 2015 to 2016 alone.

However, after 20 years of scientific studies, scientists have identified a biological control that shows great promise, and it has recently been implemented. Just last July, the Brazilian peppertree thrips (Pseudophilothrips ichini) were released for the first time in the state, in Saint Lucie, Collier and Broward counties.

Experts know that in its native range



The tree easily dominates or shades out other plants

of Brazil, the insects keep the peppertree under control.

Why did it take so long to determine the best biological control? Scientists have to be absolutely sure that in trying to eradicate one invasive pest that they are

not introducing another one.

The thrips are highly specific to Brazilian pepper, a fact that insures that they will not ravage native species.

The insects reduce the overall health and viability of the peppertree, reducing the plant's height, number of green shoots and flowers. It causes "flower abortion" – how's that for a novel term?

If the thrips are successful, Brazilian pepper's harmful effect on Florida's environment will be greatly lessened and resources can be diverted to other needs.

If peppertree's invasive potential doesn't convince you to make sure it isn't growing in your yard, you should know that it's also a threat to people who are sensitive to poison ivy, oak, or sumac, all members of the sumac, or Anacardiaceae, family.

Brazilian pepper is a member of that family too, and skin irritation as well as respiratory irritation during the blooming period can result.

Look for an evergreen shrub or tree that grows up to 30 feet tall, with a main short trunk and many branches.

The alternate leaves are five to eight inches long and have finely toothed paired leaflets an inch or two long.

The clusters of male and female flowers are similar in appearance.

Clusters of fruit ripen from green to bright red, giving the plant other common names, Christmasberry and Florida holly.

The fruit usually occurs in fall and ripens by the holiday season. However, in South Florida, it blooms nearly year-round.

If you have a Brazilian pepper tree on your property, don't wait for the thrips to arrive and work their magic. Eradicate every peppertree possible.

Sources: http://entnemdept.ufl.edu

and https://plants.ifas.ufl.edu, Plant Smart explores the diverse flora of South Florida.☆



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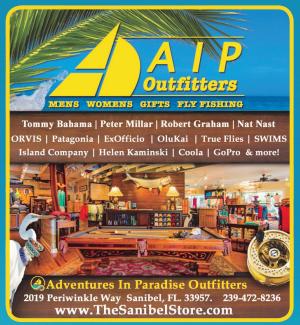
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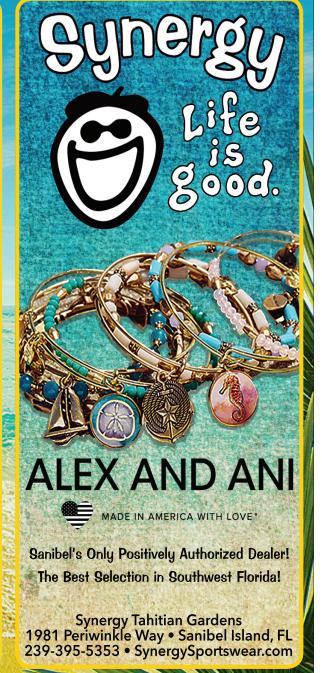


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Winter Has Finally Arrived



Matt Mitchell

ummer's protective warm weather bubble has finally broken, and cold fronts have begun to roll through our area on an almost predictable schedule. Fishing

between these cold fronts can bring some of the most wide open action of the year. All winter, timing your fishing trip is everything. Within a few days right up to when the front goes through action can be epic. If you get the timing wrong, the back side of a cold front is not only a slow bite but generally really windy, too. Fishing gradually improves in the days following a cold front and peaks again right as the next cold front moves

Fishing in and around the passes was the best action this week. Redfish, snook, black drum and even some keeper sheepshead where all caught in these same areas. The redfish bite this past month has been as good as it gets with huge numbers of them being found in and around the tidal movement of the passes. Once you locate these redfish, it's been fish after fish. Use both shrimp and baitfish rigged with either a little weight or on a jig head to slow it down in the current and get to the bottom. We caught

redfish from 16 to 26 inches when pitching in close to docks and structure.

Red tide was much less of a factor this week than it has been with my baitfish staying alive almost everywhere I went though. The Roosevelt Channel remains one of the problematic bodies of water. Many people view this problem possibly coming from Captiva as it's not on city sewer and has lots of nutrient rich run-off feeding this red tide. I'm still seeing a few smaller dead baitfish and mullet in the middle sound, though they look like they have been dead for days. The effects of this lingering red tide are most noticeable between Blind Pass and Redfish Pass. I've been fishing either north or south of this area and am constantly keeping an eye on my bait. Wind and cold from these passing fronts will help break up what's left of these small patches of red

November 15th marked the end of the manatee zones in Pine Island Sound. These manatee zones are now switched over and in effect in the Caloosahatchee as cooler water causes manatees to migrate up to the warmer water of the power plant. Many areas in the southern sound are now accessible to fish again. Be observant of the change in our seasonal manatee speed zones. In some areas, we are now able to run, but other areas in and around the river are now idle speed zones.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.



Gary Biltgen with a redfish caught with Capt. Matt Mitchell

photo provided



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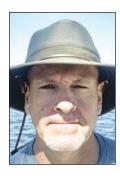
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CROW Case Of The Week:

White Pelican



by Bob Petcher

nown as one of largest North American birds, the American white pelican (Pelecanus erythrorhynchos) is a different animal when it comes to using its feet compared to its wings. On land, the snow-white water bird is an awkward walker - though surprisingly quick in its gait. But in the air, it is referred to as a majestic flyer, soaring

gracefully due to large, stable wings.

At CROW, an adult American white pelican was admitted from Sanibel. The pelican was entangled in monofilament fishing line and reported to CROW officials by a caring citizen, then rescued by a CROW volunteer using a kayak.

When the pelican arrived to the hospital, veterinarians found that it had a fishing hook through the tip of its lower bill with monofilament fishing line attached that was wrapped around its right leg and right wing. Veterinarians removed the hook and line, but the pelican had sustained injuries from the line including a small laceration on its right pectoral and its right wing that they sutured closed.

"There is a strong possibility that if the injury heals inappropriately, the pelican may not be able to fly," stated Dr. Megan Cabot, CROW veterinary intern.

Blood tests showed a high white blood cell count indicating a possible infection, so the pelican was started on antibiotics.

Bloodwork will be rechecked in a few days to ensure that the infection is under control," said Dr. Cabot.



Patient #19-4719 was sadly euthanized due to injuries from **fishing line and hook entanglement** photo by Brian Bohlman

After a couple days in the hospital, an area of the wing - referred to as the patagium -- developed scabbing where the line had rubbed. This required wound care to keep the area moist. The patient was also in need of physical therapy to maintain range of motion in the wing, so as not to affect the pelican's

The wound is being kept moist and bandaged to avoid drying of the patagial ligament underneath, as this ligament is extremely important and must be intact for pelicans to fly. However, the tissue that was rubbed by the line is unhealthy at the wound site," said Dr. Cabot. "Luckily, the pelican has maintained full range of motion despite the wound, however range of motion may decrease as the wound continues to heal and scar down."

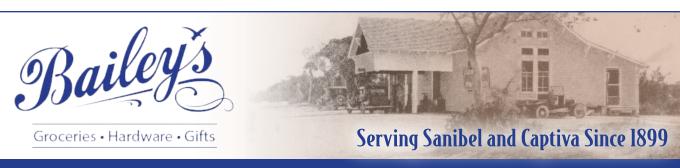
CROW officials were scheduled to debride the unhealthy tissue over the patagium and hopefully close the wound to speed up the healing process. Dr. Cabot called it "a tricky procedure because pelicans are notoriously sensitive to anesthesia, and the wound is right over the very important patagial ligament which must be protected."

Unfortunately, CROW officials found that the tendon was severely damaged and unable to be repaired. Sadly, the pelican was euthanized.

Incidents such as this one can be avoided. Monofilament line and hooks discarded or left by careless fishermen can entangle, choke, snag and even kill birds and other animals.

'Fishing line left in the environment causes unnecessary trauma and suffering in wildlife, and even minor wounds can be fatal if they affect the animal's ability to do its natural behaviors like flying," said Dr. Cabot. "It is extremely important that all line from fishing or any activity is collected and removed from the environment and disposed of in appropriate receptacles such as the monofilament recycling stations placed in strategic locations on Sanibel and surrounding beaches by the Mind Your Line initiative. Make sure no line is left behind and you will most definitely save a life."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆



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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

Friday, November 22, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an

animal ambassador. **Friday, November 22, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.



Monday, November 25, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, November 25, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, November 26, 11 a.m.

to 12:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, November 26, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Wednesday, November 27, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an

animal ambassador.

Wednesday, November 27, 11

a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - Wildlife Rescue 101 (daily presentation).

Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable

recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques.

Thursday, November 28

From page 1

Thanksgiving

People, Come by Susan and Lee Dengler, Hine Ma Tov by Allan Naplan and God Bless Us Everyone (arr. J. Higgins) by Alan Menken and Lynn Ahrens. All are invited to sing along.

The non-denominational program will also feature Thanksgiving thoughts by Rev. Dr. John H. Danner and other local clergy. The title of Danner's program is Now Thank We All.

Fellowship over cookies and apple cider – donated by Bailey's General Store and Jerry's Foods – will follow the celebration of thanks. In addition, ice cream will be provided by Sanibel's Best Homemade Ice Cream (formerly Pinocchio's Original Italian Ice Cream).

Mary Bondurant, chair of the celebration, encourages guests to bring food or monetary donations for FISH of SanCap. Nicole McHale, FISH board chairperson, will speak about the continuing needs of fellow islanders.

For more information, call Mary Bondurant at 839-3633.☆





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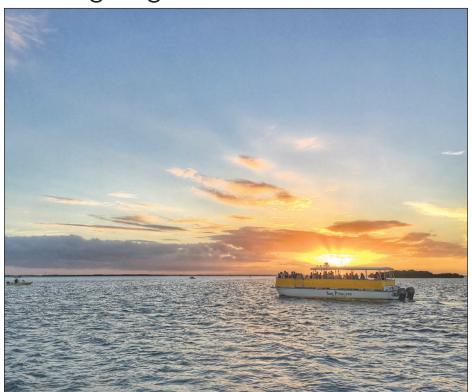
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Thanksgiving Sunset Cruise



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f you are looking for a great way to end your Thanksgiving Day, Adventures In Paradise is offering its annual Thanksgiving Sunset Dolphin & Wildlife Cruise for a relaxing journey through the waters surrounding Sanibel during the most visually spectacular part of the day.

The 90-minute guided tour aboard Dolphin Waters or Sun Princess, both 45-foot Corinthian Power Catamarans, brings you where the wildlife comes out to play. Pine Island Sound is home to bottlenose dolphins where these curious creatures have been known to trail the wake of the boat and even show off their acrobatic skills with an impressive jump. In between complimentary soft drinks and homemade pumpkin pie, keep a lookout for the many different species of majestic birds that can be found soaring through the sunset.

The cruise will depart from Port Sanibel Marina at 4:30 p.m. on Thursday, November 28 and return at 6 p.m. Tickets are \$39 per passenger. Reservations are limited and tickets can



photos provided

Watch dolphins play

be purchased by calling 472-8443 or by



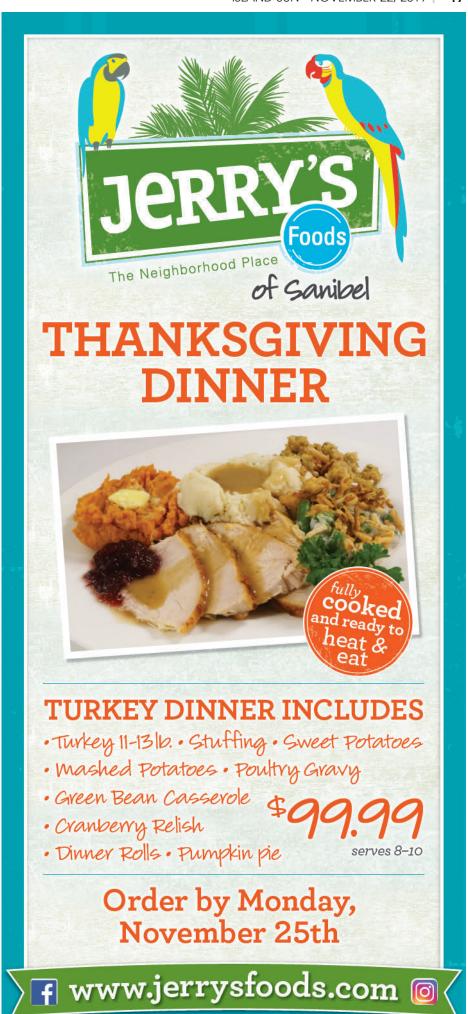
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Carolina Marsh Clam

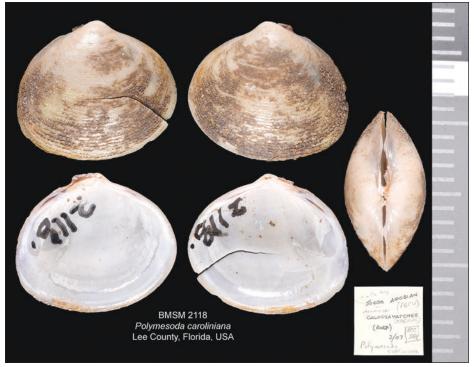


by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Polymesoda caroliniana Bosc, 1801 may grow to 50 mm (about 2 inches.) Its

shell is oval, with a sculpture of fine commarginal ("concentric") ridges. The shell color is brown. It differs from the Southern Marsh Clam, *Polymesoda floridana*, by having a more rounded shell with truncated posterior end (left end of leftmost views on photo). This is a truly brackish water species, inhabiting the upper reaches of local estuaries (the shell illustrated was collected in the Caloosahatchee near downtown Fort Myers.) Read more about local mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

Shell Museum Events



The Carolina Marsh Clam, Polymesoda caroliniana

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and

photo by Patricia Starkey

inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

Sea School Offering Boat Trips For Adults

This season, Sanibel Sea School will offer a series of educational boat excursions guided by the organization's executive director, Dr. Bruce Neill. The Sea School's pontoon boat, called *The Ripple Effect*, provides comfortable seating, shade and a smooth ride for up to 12 adults.

Participants will learn about a different ocean-related topic during each three-hour program. Remaining topics include animal migration and living shorelines.

"The subjects we have chosen this year are all very relevant to us, as people who live in or love to visit this part of the world," said Dr. Neill. "We hope you will join us as we explore our island home."

Boat trips are scheduled for December 6 and 13 from 9 a.m. to noon. The cost is \$75 per participant. Scholarships are available upon request. Reserve soon as space is limited.

For more details and registration, visit www.sanibelseaschool.org/sanibeladult-programs or call 472-8585.

Email editorial copy to: press@islandsunnews.com









photo provided

Winners Of Veterans Day Coloring Contest

he City of Sanibel Recreation Department hosted a Veterans Day coloring contest for youth



Addie Barron

participating in the afterschool recreation program. Students in kindergarten and first grade participated in the coloring contest. Students in second and third grade participated in a postcard coloring contest.

The winners of the coloring contest were first grader Nathan Ames, with first grader Addie Barron as runner up. The winners of the postcard



Avagrace Froelich

coloring contest were second grader Avagrace Froelich, with third grader Miles Baker as runner up. Prize ribbons were provided by the City of Sanibel Recreation Department.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or



Miles Baker

Send vour editorial copy to: press@islandsunnews.com



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What Is A Float Plan?



by Kealy McNeal

here is nothing like paddling on calm, quiet waters as the weather turns cooler here in Southwest Florida. However, those calm waters can turn dangerous in seconds and even the most advanced

paddlers may find themselves in a bad situation. A thunderstorm quickly rolls in, a motorized vessel runs into you, or even a leak in your boat... no matter how prepared you are for a paddle, some things are out of your control. Something as small as a text message or call letting someone know where and when you plan to paddle, could be a lifesaving decision on the water. Those text messages or calls serve as a float plan and it is important for every paddler to have one.

A float plan is an essential part of all paddling trips, even routes you have paddled several times before. Any paddle has the potential to develop into a situation where you might not return as expected. If you end up being overdue to the point of concern, will anyone know where you are? A simple text or call to someone you trust saying who you are paddling with, where you are paddling and when you plan on being back is all it takes. You could also write down your

float plan and leave it in your vehicle or in your kayak, just in case you get separated from your boat. It wouldn't be a bad idea.

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org, or follow on Facebook or Instagram to learn

Orchid Society Holiday Luncheon

he Sanibel Captiva Orchid Society will hold its annual holiday luncheon at The Dunes Golf and Tennis Club on Monday, December 9 at 11:30 a.m. Phillip Hamilton of Bredren Orchids in Tallahassee will speak on Growing Phalaenopsis and Broughtonia. He will also bring orchids for sale and raffle. Orchid society members and the public are invited to attend.

Indicate your entree selection when making your reservation. Entree choices will be Chicken Madeira topped with mushrooms, mozzarella and Madeira wine sauce, with seasonal vegetables, or Deviled Cod Filet served with winter greens and creamers. Salad with choice of dressing, roll, beverage, dessert, tax and gratuity are included in the member price of \$25. Guests are \$30. Reservations with checks must be made by December 5. Yearly dues must be current to receive the member price.

For more information, call Carol Zell at 395-2122.☆

Sanibel FlyFishers Club To Meet

anibel FlyFishers club will hold its monthly meeting at the Sanibel Public Library, 770 Dunlop Road, on Thursday, December 5. Visitors are

The featured speaker will be Capt. Codty Pierce, a lifelong resident of Southwest Florida who has been fishing the mangroves and backwaters of the area for over 20 years. A talented fly tyer and guide, Pierce has made a unique reputation targeting sheepshead with a fly. He has been called "The Del Brown of Sheepshead" by Fly Fisherman magazine. He will introduce the group to fly fishing for sheepshead and talk about his experiences fishing in Southwest Florida.

From 5:30 to 6:30 p.m., there will be an informal meet and greet with pizza and drinks (\$5 donation suggested). Announcements and fishing reports will be from 6:30 to 7 p.m., followed by presentation from 7 to 8 p.m. A question and answer session will wrap up the meeting.

The annual holiday party will be held on Thursday, December 14 at 6 p.m. at Doc Ford's Sanibel Rum Bar & Grille. RSVP required.

The monthly club luncheon will be held on Thursday, December 19 at 1 p.m. at The Nauti Parrot Dock Bar on Fort Myers Beach. All are welcome.

The 2nd annual showing of the Fly



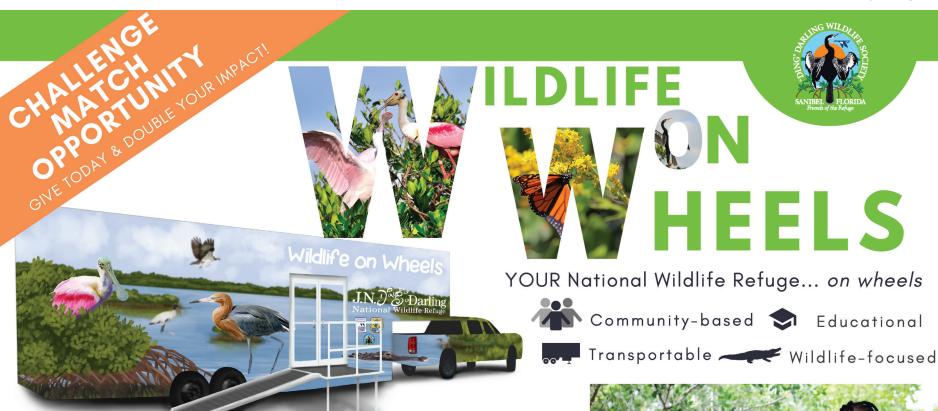
Capt. Codty Pierce

Fishing Film Tour (F3T) film series will be held at The Community House on Tuesday, February 25. There will be short films, a silent auction and raffles, to benefit Captains for Clean Water and other local conservation initiatives to be announced

Sanibel FlyFishers is a charter chapter of Fly Fishers International (FFI). Annual membership is \$20. For more information, visit www.facebook. com or email sanibelff@gmail.com.\$







FILLING A NEED

Why WoW? Wildlife on Wheels (WoW) is a mobile outreach extension of the Refuge. WoW will travel to schools, community centers, churches, festivals - places where people who have never experienced the magic of "Ding" Darling will experience that sense of wonder.

Each year, 5,000 4th grade school children from Lee, Collier, Hendry, Charlotte, and Glades counties are bused out to the J.N. "Ding" Darling National Wildlife Refuge for an educational and engaging field trip, which is funded by the "Ding" Darling Wildlife Society. Unfortunately, these trips do not reach everyone and with nearly 180,000 school children in the 5 surrounding counties, there are many more people to reach with WoW.

Experiential learning ignites curiosity and caring that lasts a lifetime. It also helps people understand the impact humans have on our natural world. Whether people learn about the micro-environment that lives among the mangroves, learn how to spot a bird through binoculars, or discover there are actual animals living inside shells found at the beach, one walk inside WoW will make a difference and YOU can help us do that!







KEY FACTS

- √ 36' long interpretive traveling trailer
- Experiential learning for all
- Travel to 5 surrounding counties focusing on hard-to-reach communities



Questions? Call 239,472,1100 ext. 4



Bloody Mary Mix

- 4 cups tomatoes, roughly chopped 1 cup cucumber, roughly chopped
- 3 tablespoons fresh lime juice
- 1 teaspoon garlic, roughly chopped
- 1 tablespoon hot sauce (your favorite)
- 1 teaspoon Worcestershire sauce
- 1 tablespoon all-purpose seasoning
- 2 tablespoons vinegar (such as apple cider vinegar or brine from pickle jar)

Sea salt and fresh ground pepper, to

Place all ingredients into a blender. Blend on high until completely smooth. Strain the liquid for a smoother product. Taste and adjust seasonings as needed.

Fresh tip: Can be served chilled on its own as a refreshing vegetable juice. A



Bloody Mary Mix

photo courtesy Fresh From Florida

LIVE ON THE **ISLANDS**

Island Cow has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. Dan Confrey performs on Sunday.

The Jac Sanibel Island Bar & Grille has live entertainment on Friday with The Wildlings. Neon Summer performs on Saturday. The Blues Duo plays on Tuesday. The Po Boys perform on Wednesday. On Thursday, it's James

Traders Coastal Cuisine has live entertainment Tuesday and Thursday with Danny Morgan and Friends. Chris Workman plays on Wednesday.

> Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299 ☆

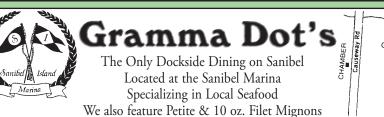
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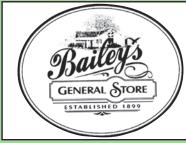
Dining Awards: 6 years running





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472-1516

Community House

British Pub Night

The next Community Social will be British Pub Night on Friday, November 22 from 6 to 8 p.m. Cost is \$15 for members and \$20 for guests; \$5 additional for dessert. Beverages will be available for purchase.

Thanksgiving Celebration

The annual Thanksgiving Celebration will be held on Sunday, November 24 beginning at 6:30 p.m. All are welcome to stop by for an evening of song and fellowship. There will be a performance by BIG ARTS Community Chorus, a presentation by FISH of SanCap, a Thanksgiving message by island clergy and a prayer for the city. Cookies and cider will be served.

A \$350 sponsor is needed. If you would like to help, call Mary Bondurant at 839-3633.

Masters Art Festival

The Masters Art Festival will be held on Friday and Saturday, November 29 and 30 from 9 a.m. to 4 p.m. A donation will be collected at the gate.

Painting With Suzette

Learn oil painting techniques with Suzette on Monday, November 25 from 9:30 a.m. to noon. Paint a shorebird on a 10x10-inch canvas. All supplies will be provided. For ages 12 and older. Cost is \$45 for members and \$55 for

Holiday Craft Bazaar

Vendor tables at \$30 each are available for the Holiday Craft Bazaar, to be held on Saturday, December 14 from 9 a.m. to 4 p.m. Crafters, artists, chefs, knitters, authors, jewelers, beauty product manufacturers, game and toys creators are welcome. There will be no admission charge for shoppers. Call 472-2155.

November Art Exhibit

Marguerite Petcher is the featured artist for November. She has a 10-piece series of works on exhibit, titled Construction. The public is welcome to view the exhibit during operating hours.

Petcher is working on her master of fine arts degree in painting at Savannah College of Art and Design and holds a bachelor of science degree in art education from the University of South Florida. She has been an art educator for over 20 years in Fort Myers.

BIG ARTS Current Events

The BIG ARTS Current Events group meets from 10 a.m. to noon on Mondays and Wednesdays. There will be no meeting on Wednesday, November 27.

Kids Cooking First Mondays

The next kids cooking class will be held on Monday, December 2 at 2:30 p.m. The theme will be Christmas Desserts. Cost is \$50 per child. Scholarships are available.



Shell Craft classes are held on Mondays photo provided

Sanibel Yoga

Sanibel Yoga classes are offered on Tuesdays with Vinyasa at 10 a.m. and Gentle Yoga at 11:15 a.m. On Thursdays, yoga for all levels is held at 10 a.m. and Gentle Yoga at 11:15 a.m. Cost is \$18 for members and \$20 for guests.

Soups And Stews

Soups and stews will be available for pickup on Monday, November 25. Proceeds benefit children's scholarships for the Culinary Education Center of Sanibel.

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Cost is \$3 to \$5 per project, supplies provided. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

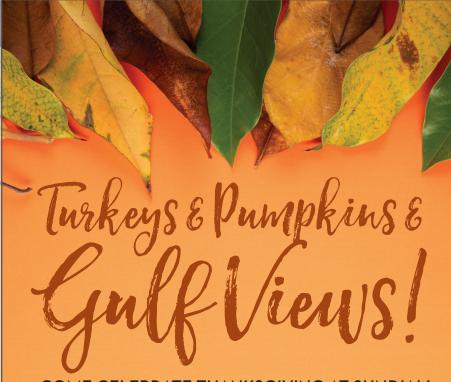
Honey, Pickles and Jellies

Locally harvested honey is for sale, as well as chutneys, pickles and jellies made by Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.☆

Top 10 Books On The Island

- 1. Shell Shocked by Jennifer Schiff
- 2. Overstory by Richard Powers 3. Collector's Apprentice by BA
- Shapiro 4. Where the Crawdads Sing by
- Delia Owens
 - 5. Baker's Secret by Stephen Kiernan 6. Great Alone by Kristin Hannah
- 7. Ninth House by Leah Bardugo
- 8. Testament by Margaret Atwood
- 9. These Truths by Jill Lepore
- 10. Blue Moon by Lee Child Courtesy MacIntosh Books and Paper.☆



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Following The Island Currents



by Kathy Kurtz Ferrari

This month, we kick off new seasons. The holidays are soon upon us and the snowbirds are returning.

And as we begin this new column in the Island Sun, we

focus on two longtime staples that have played key roles in the charm of islands. Both are starting the season with new initiatives

While **Congress Jewelers** has been in business at Periwinkle Place for almost four decades, second generation owner Scot Congress and his wife Melissa aren't ready to rest on their laurels.

After expanding into a vacant space next to the store's current location, the new Roberto Coin salon at Congress Jewelers opened in April. It makes Congress one of less than a dozen independent jewelry stores in the country to feature the Italian designer in an exclusive salon.

"We went through the summer, and have grown into the space and inventory beautifully, the way we expected to work the season, and now it's ready to go," said Scot Congress as he gave a tour of the new salon recently.



Melissa and Scot Congress in the new Roberto Coin salon at Congress Jewelers

photos by Kathy Kurtz Ferrar

Roberto Coin, who lives and designs in Venice, is considered a master in the fine iewelry world.

"His pieces are beautiful, meticulously finished and very wearable," Congress said, explaining the detail the designer puts into every piece. "We've had a nice partnership with them since they first started coming to the United States in the late '80s"

As an example of that relationship, Roberto Coin himself has visited Congress Jewelers several times over the years.

"About eight years ago, we even hosted him for dinner in our home," said Melissa Congress with a certain amount of pride. assistance with the layout, lighting and display cases of the new area. The space houses about 1,000 pieces in the Roberto Coin collection, many that are exclusive to this boutique setting.

The expansion also includes an area for hosting special events, with a small bar to offer refreshments to customers.

"One of the reasons Roberto Coin's jewelry and Congress Jewelers get along so well is, every piece tells a story," Scot explained, holding a necklace in the Venetian Princess line. All pieces feature a signature ruby on the back, which is based on a legend that if a ruby touches a woman's skin, she will have prosperity, love and happiness.



Diamond encrusted earrings are part of the exclusive boutique line from Roberto Coin

The workmanship in some of the necklaces allows them to be worn many different ways.

"We're just thrilled to have this level of inventory," Congress explained.

While the line is the store's number one designer, Congress Jewelers offers many other fine jewelry designer lines throughout the store.

"I would say the other heavyweight is the jewelry we make, which is really a story in and of itself," Scot said. His parents, Dee and Larry, who started the business in 1981, made the first shell-designed jewelry from actual shells found on Sanibel beaches. Since those humble beginnings, thousands of pieces of





shell-inspired jewelry have been made in the store, both in silver and gold. Those gilded treasures, so symbolic of the islands, truly reflect the legacy of the store's founders.

"My father always used to say, 'It's the happiest business.' You're celebrating with everybody all the time," Scot explained. "Whether it's a birthday, an anniversary, a special occasion, we come to work and meet the nicest people. And they're always in the best frame of mind, because they're doing something fun for somebody

else."

For more information about Congress

Jewelers, visit the Periwinkle Place store at 2075 Periwinkle Way, call 472-4177, or visit www.congressjewelers.com.

Speaking of shells, (and it's hard not

to, on these islands) no visit to Sanibel or Captiva is complete without stopping in to She Sells Sea Shells on Periwinkle

Opened nearly 45 years ago, it is a veritable kid-in-a-candy-store experience for shell enthusiasts.

With what is likely to be hundreds of thousands of shells lining its shelves, shoppers can find specimens from all over the world.

Founders David and Anne Joffe were inspired to launch the business after a vacation to Sanibel many years ago from their home in Kentucky. Since then, the family has been a vital part of the island community.

'We have Sanibel shells, and then we have shells from all over the world, and those are from my parents' travels," explained Tamara Joffe, one of several family members involved in the business,



Handmade Christmas ornaments are among the many items available at She Sells Sea Shells

pointing to sea treasures in an unexpected variety of colors, shapes and sizes found throughout the store.

Many eclectic gift items are made from shells, which were designed by Tamara's mother Anne. As a conchologist, (It's a real science; I looked it up.) Anne isn't often in the store, spending her time studying and finding shells, and creating pieces of shell art such as flower bouquets, animals and whimsical motifs.

"Obviously, she sells sea shells, and then much more," Tamara enunciated with ease. (After so many years, it must be easy for her to say.) "We say we're an island

The store also features beach clothing,



Thousands of shells are available for sale

T-shirts, gift items, craft supplies, toys and

At this time of year, the store's Christmas ornaments, designed by Anne and handmade by the store's craft department, are very popular. Customers can remember their visit with an original piece of shell-themed artwork to celebrate the holidays. Ornaments are made and sold throughout the year.

But probably the store's most iconic item is its storefront sign, which sits near the entrance on Periwinkle Way.

People take pictures in front of it all day long, from all over the world," Tamara said, "and we've started collecting some of those images.'



Whimsical characters are among the many handmade items

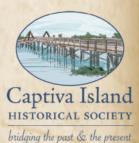
With that in mind, the Joffe family is launching a new tradition, asking customers to send in their photos to be displayed in a featured collage. Those wishing to be included should send photos to the store's Facebook page or email them to sanibelseashells@aol.com.

She Sells Sea Shells, located at 1157 Periwinkle Way, is open 365 days of the year, with extended evening hours. For more information, visit www. sanibelshellcrafts.com, or call 472-8080.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@ gmail.com.☆

2019-2020 Season

Schedule Events



For information or reservations visit Eventbrite.com captivaislandhistoricalsociety.org or call 239-472-2323

November 18, 2019

Celebrating Historic 'Tween Waters Inn

Experience the history of one of Captiva's

historic treasures Ticket Price: \$125

Includes dinner, wine, beer & soft drinks

Reservations required

6:00pm - 9:00pm Old Captiva House at Tween Waters Inn 15951 Captiva Drive, Captiva

December 7, 2019

Island Store Dedication



Historical recognition of the Island Store

Free admission

12:00pm @ Island Store 11500 Andy Rosse Lane,

January 13, 2020

Homage to History

Tribute to island historian Betty Anholt

Ticket Price: \$75 Includes dinner, wine, beer & soft drinks

Reservations required 6:30pm - 8:30pm Captiva Island Yacht Club 15903 Captiva Drive, Captiva

Betty Anholt Guardian of History Award For Life-Time Achieve Interpreting and Shari History of the Islands

Two Much Fun!

January 25, 2020

A reveal of our History Gallery's new make-over, and the introduction of the CIHS self-quided Walking Tour

Free admission First come - first served

10:00am-12:00pm Captiva Civic Association 11550 Chapin Lane, Captiva



February 5, 2020

Double Feature Movie Night

Sanibel premiere of two documentaries: Buck Key: Island of History & Mystery" and "Blind Pass: The Bridge That Connects"

Ticket Price: \$10 Reservations Recommended

7:00pm Program Sanibel Community House 2173 Periwinkle Way, Sanibel

March 3, 2020

Documentary Premiere

"Sands of Time"

The history and future of erosion on Captiva at the debut of our latest full-length documentary

Ticket Price: \$10 Reservations Recommeded

7:00pm Program

Ballroom at South Seas Island Resort, Captiva

April 6, 2020 February 18, 2020

The forgotten, notorious life of

Ticket Price: \$10

7:00pm Program

Reservations Recommended

Captiva Civic Association

11550 Chapin Lane, Captiva

Captivian Ioner Reimund Holzhey

Sentimental Journey Black Bart Captiva Island 1941-1945 From Bullets to Books

Captiva wartime memories brought to life

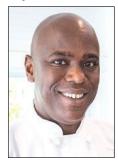
Ticket Price: \$10 Reservations Recommended

7:00pm Program Captiva Civic Association 11550 Chapin Lane, Captiva

Season Presenting Sponsor



Longevity Spinach





by Resident Chef Jarred Harris

ongevity spinach (Gynura Procumbens), also known as Moluccan spinach, leaves of the gods and cholesterol spinach, is a vegetable that has become extremely popular in the United States because of its amazing health benefits.

Imagine a house plant that needs very little care, will grow in shady conditions, can be used in a sandwich or as a delicious side vegetable. This plant can also be used to treat medical conditions such as diabetes, high blood pressure and hypertension. Longevity spinach is that

I was lucky enough to be given one of these plants by a close friend. She didn't know too much about the plant except, "it was good for you." I did a little bit of research and found out the plant originated in Southeast Asia and it's been

the focus of extensive research for its numerous health benefits for many years.

Researchers have proven longevity spinach significantly lowers blood sugar levels and has been used to treat diabetes around the world. It can help lower cholesterol and triglyceride levels in the body, lower blood pressure and treat hypertension. The vegetable is also prized for its anti-inflammatory properties and has been used to treat rheumatism and other types of arthritis. The leaves can also be crushed and used to treat bruises, scrapes and minor wounds.

I grow longevity spinach and enjoy using it as a supplemental vegetable. It contains powerful antioxidants and it's an excellent source of fiber and protein.

If you would like to grow this amazing plant, we have cuttings available at The Community House.

Here is an interesting recipe to try: Longevity Spinach and Tofu Salad

Ingredients

½ cup longevity spinach leaves (trimmed and thinly sliced)

1/2 cup purple cabbage (shredded) 8 ozs. tofu with a firm texture (cut into small cubes)

1/4 cup red onion (thinly sliced) ½ cup cherry tomatoes (cut in half)

2 tbsp. natural peanut butter

2 tbsp. soy sauce

1 tbsp. red miso paste

½ cup water

Method

In a mixing bowl, add the first five ingredients and mix together.

In a separate mixing bowl, add the

rest of the ingredients. Whisk until well blended.

Pour the dressing over the spinach

and tofu salad and toss.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call

Luminary Night Festivities At Sea School

anibel Sea School will open its doors to community members during the annual Sanibel Luminary Festival on Friday, December 6 from 5:30 to 9 p.m. The event will offer festive holiday fun for all ages, and will feature recent updates to the organization's campus on Sanibel's east end.

Planned activities include cookie decorating, s'more roasting over a bonfire, family-friendly games and candlelit tours of the property.

'We just completed a series of renovations, and we are very excited about the results," said Development Director Chrissy Basturk. "We hope our friends and neighbors will stop by to say hello, enjoy the lights and see the improvements we have made.'

There will also be grilled snacks,

appetizers and a variety of drinks available. Patagonia's new documentary film, Artifishal, will be screened outside.

To learn more, visit www. sanibelseaschool.org or call 472-8585.☆

American Legion Post 123

merican Legion Post 123 is serving barbecued ribs and chicken this Sunday, November 24 from noon to 8 p.m.



The third Thursday of the month is Open Mic Night from 6 to 9

The 9 Ball Pool Tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.



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- Chef/Owner AJ Black



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Attendees viewing one of Clyde Butcher's stunning landscapes

photos by Jeff Lysiak

From page 1

Exhibit At Refuge

photographs displayed throughout the center, refuge guests can take a look through one of Butcher's most valuable tools: his Wisner 12×20 -inch view camera. "The camera, lenses, film holders and the rest of the gear totals around 120 pounds," a sign posted next to the camera reads, in part. "Because

of the unusual effort it takes to carry this large and heavy gear into the wilderness, there are only a few special images created from this camera."

The Clyde Butcher American Everglades Collection exhibition – which is being sponsored by the DDWS and Mark and Gretchen Banks – will be on display at the free admission Visitor & Education Center through February 5. It is open from 9 a.m. to 4 p.m. daily.

pen from 9 a.m. to 4 p.m. daily. 'We are the second location to host



The auditorium of the refuge's Visitor & Education Center was filled with landscapes of the Florida Everglades

this exhibit and will most likely be the last in the state of Florida because they have plans to travel around the country telling the story of the Everglades," said DDWS Executive Director Birgie Miller. "It is a great honor for the refuge and the society to be hosting this exhibit because of its ability to tell the story about the beauty and fragility of the Everglades, and the importance of protecting water everywhere."

For more information on the exhibition and 75th anniversary calendar of events, visit www.Ding75. org.*



The photographer's 12 x 20-inch view



Cilka's Journey



by Di Saggau

nyone who read Heather Morris' book The Tatooist of Auschwitz will want to read her latest Cillka's Journey. This is a historical novel about a young girl Lale Sokolov,

the tattooist, met in the camps. She was a beautiful girl and her beauty both saved her and condemned her. At age 16 in 1942, Cilka is taken to Auschwitz-Birkenau Concentration Camp where a commandant, noticing her beauty, forcibly separates her from the other female prisoners to be his concubine. Cilka learns that power, even unwillingly taken, equals survival.

Through alternating chapters, we learn what happened to Cilka in the concentration camps and also in the Siberian prison camp where she is sent following the war. She is charged with sleeping with the enemy, even though she had no choice, if she wanted to live. Cilka was a real person, and the author interviewed Lale and many women who survived the camps in order to put this book together. She hopes that readers will embrace the bravery this young woman showed to her captors, and the humanity she shared with other

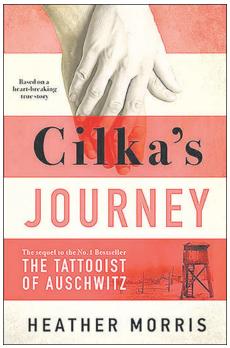


image provided

prisoners she came into contact with. Morris became captivated by Cilka, unable to understand or comprehend the strength someone of her age must have had to survive the way she did. And why did she have to be punished so harshly for choosing to live?

In Siberia, Cilka faces both new challenges and some that are very familiar. This includes unwanted attention from the guards. Her life becomes more bearable when she meets a kind female doctor. Cilka is taken under her wing and learns how to help out caring for the sick in the camp. She confronts death and terror daily and, in so doing, discovers a strength she never knew she possessed. She learned that finding a four-leaf clover in the fields can be used as currency to buy extra food or prevent a beating.

Cilka's journey shows the resilience of the human spirit and the will to survive. Lale Sokolov told Morris that Cilka was the bravest person he ever met. Her's is a story of bravery, compassion and friendship. Where you did what you did in order to survive the concentration camps. The consequences for Cilka were to be imprisoned for another 10 years in the coldest place on earth, Vorkuta Gulag, inside the Arctic Circle, Siberia. Cilka's Journey is based on a powerful true story of love and survival.

School Smart



by Shelley M. Greggs, NCSP

ear Readers, Language is a powerful tool for shaping images, events and the self-esteem of our children. Too often when we are frustrated with our

children, we inadvertently use language that could be detrimental to them.

Every parent has had this experience. and we typically regret it. The key to using more beneficial language in frustrating situations is the ability to reframe the event and focus on the positive. Reframing is a technique used to help create a different way of looking at a situation, person, or relationship by changing its meaning. Reframing involves changing your perspective on a given situation to give it a more positive or beneficial meaning to you and to whom you are speaking. It's easier said than done, but there are great benefits to using this technique. Below are some common situations that elicit negative language and the words you can use to reframe the situation and focus on the

There are many times that it is important for our children to be quiet. Typically, we say, "Be quiet!" Typically,

that doesn't work. Next time, try asking your child to use "a softer voice." You might even want to add why it's important at that time for them to use a softer voice.

Another hot spot for parents is when their child has made a mess. Kids usually don't hear us the first time as we ask them to clean up. You might want to validate the fun that they have had first by saying, "It looks like you had fun" and then ask for the clean-up, maybe even volunteering do one of the clean-up tasks yourself.

It can become frustrating when a child doesn't seem to remember or follow instructions that you have recently given. Perhaps they need to hear the instructions again or maybe they just didn't get it. Instead of saying, for example, "I just told you that yesterday," try another approach. Suggest that you show your child another way to perform the task. We all learn differently, and they may need to follow a concrete example or have the directions broken into smaller steps so that they can follow them better.

Tears are common with young children. We often, as parents, want to resolve or get past the tears and quickly say, "You're OK." And, while that phrase might work particularly well for a scraped knee or minor issue, children's tears give us as parents a great opportunity to talk about feelings. So, instead of saying you're OK, you could ask, "How are you feeling?" Helping

continued on page 30



Opening on Mondays in November



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Mary Lee Mann and Bob Crossman

Former Sanibel Resident Honored

ob Crossman, a longtime former Sanibel resident, was honored with an honorary life membership by the Fort Myers Community Concert Association, Inc. board of directors on November 10. Crossman was honored for his 31 years as a board member and his 33 years as a benefactor contributor.

We are so grateful for the many contributions Bob has made to the Fort Myers Community Concert Association. He is one of the pillars of our

organization," said Fort Myers Community Concert Association President Mary Lee Mann.

During the meeting, Mann also announced that Alexandra Bremner and her mother Eunice Bremner have agreed to be the underwriters of the 2020 concert season.

Honorary life membership also was awarded to Don Fjellin of South Fort Myers and Madeleine Taeni, formerly of Cape Coral, who has sponsored many concert performances over the years.

Two new board members also were elected: Karen Globetti of Fort Myers and Deanne Kyle of Fort Myers.☆

BIG ARTS Monday Night Film Series The Guilty

by Di Saggau

he BIG ARTS Monday Night Movie for November 25 is The Guilty, a Danish thriller about how an emergency police dispatcher handles his calls. The film never leaves the claustrophobic confines of the call center, but suspense builds as we listen to the callers and what the dispatcher has to say.

Early on in the film, we start to wonder if the dispatcher doesn't really have a sympathetic ear for those on the other line of a 911 call. At one point, he says, "It's your own fault, isn't it?" Later he tells an officer he's dispatching to a scene to "let him sit and stew in it a bit." We soon learn that he is a police officer who has been removed from the beat.

The Guilty is a tightly wound film. When the dispatcher takes a call from a young mother who says she's been kidnapped by her volatile ex-husband, he snaps to attention. The human stakes and concerns of the drama shift with each detail. Guilt can be applied to multiple characters, and the director does a terrific job putting everything together. Not only a thriller, it's a slow-burning character study.

The cinematographer uses mostly closeup scenes, and the sound editor fills the film's small space with sounds that enhance the panic on the other end of the line. In short, The Guilty is mostly a one-man show with multiple lives hanging in the balance. The film runs 85 minutes.



image provided

A reception and discussion follows the film, and the moderator for the evening is Don Irwin.

Admission to BIG ARTS Monday Night Film Series is \$10, and all screenings begin at 7 p.m. Through January 20, the films will be shown in the Strauss Theater, located at 2200 Periwinkle Way. Tickets are available online at www.bigarts.org, at the BIG ARTS box office, 2244 Periwinkle Way, Suite 8, and at the door the evening of the movie. For more information, call 395-0900.⇔



Island Pecan Pie

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> Taking holiday orders now.

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Famous Mashed Potatoes & Gravy Classic Stuffing

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With Almond Brown Butter Chunky Cranberry Sauce

12 Dinner Rolls & 12 Cornbread

Feeds 10-12 \$275 (+ tax)

Place you order by 8pm Friday, November 22nd Delivery on Thanksgiving Day until Noon by Sanibel De

239.472.2534 Palm Ridge

All sides can be ordered indiviually,





2496 Palm Ridge Road Sanibel Island





1523 Periwinkle Way • (239) 472-7770 www.TheFishHouseRestaurants.com



Jared Rook and Ozzv Flores take a selfie in the main lobby

photos provided

Sell

Help For The Holidays At Sanibel Library

eekly children's programs with Youth Service Librarian Deanna Evans continue in November at Sanibel Public Library. STEM programs for all ages have been added to the schedule. The events are listed on the calendar at the library's website, www.sanlib.org.
The library will be closed on Thursday,

November 28 for the Thanksgiving holiday, and will reopen on Friday, November 29

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. Family storytime helps develop pre-reading skills through songs and stories. No registration required. There will be no storytime on Thursday, November 28.

The After-School Crew for kindergarten through fifth graders will meet at 3 p.m. on Thursdays. There will be new books, puzzles, games, crafts and snacks. No registration required. There will be no after school program on Thursday, November

Kids of all ages are invited to explore in the library's Think Tank from 10 a.m. to 4 p.m. on Fridays in November and December. The MagixBox projects interactive images from the ceiling to the floor. Stay as long as you choose at this self-directed program.

If you need help organizing and



Duane Shaffer with a cooking kit

planning your holiday dinners, Sanibel Public Library has a cornucopia of materials to help you enjoy the season. You can try The Southern Living Party Cookbook: A Modern Guide to Gathering or Martha Stewart's new The Martha Manual: How To Do (Almost) Everything. The library also has magazines with holiday recipes including Eating Well and Southern Living. If you use your iPod in the kitchen, try downloading eMagazines like Food Network Magazine or Bon Appétit with the RB Digital app.

If you have out-of-town guests, bring them to the library for a selfie, they can email the photo to friends back home. The selfie station is in the library's main lobby. Take a photo posing with holiday props or use one of the station's frames.

Sanibel Public Library loans out cooking

kits, which check out like library books or DVDs. The kits are circulated in bags with a coordinating cookbook and instructions. Some of the kits are especially handy at this time of year, like the football-shaped dip server, cookie kit, bundt cake, popovers or soup pot.

The public is invited to these programs and there is no additional cost to participate. Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor cards are available for a \$10 fee and are good for

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483 or visit www.sanlib.org.☆

From page 28

School Smart

children to identify their emotions and giving them an opportunity to discuss them is very important for emotional growth.

Remember reframing is just doing or saying something in a different way. It allows us to face a conflict in a positive or "win-win" manner, rather than a negative, "win-lose" way.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.☼



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BUSINESS REAL ESTATE CLASSIFIEDS

VOL. 27, NO. 21

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 22, 2019

Habitat Restoration Grant Awarded

The National Fish & Wildlife Foundation (NFWF) announced on November 12 its award of \$5,309,000 to the JN "Ding" Darling National Wildlife Refuge on Sanibel to further the refuge's plans for restoring the newly acquired, 68-acre Wulfert Bayous, which lies adjacent to the refuge.

The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) partnered on the application for a Gulf Environmental Benefit Fund grant aimed at restoring bird populations affected by the catastrophic BP Deepwater Horizon oil spill in 2010.

The acquisition process for Wulfert Bayous, completed earlier this year, entailed \$3 million in private funds raised by DDWS and \$6.5 million contributed by the Lee County Conservation 20/20 program. The



The \$5.3 million grant will enhance wetland habitat for roosting and nesting birds photo provided

refuge will begin managing the parcel as part of its complex later this year.

The wetland and upland habitat serves as an important wildlife

corridor between the refuge and other established conservation lands as well as a tool for improving local water quality. From the beginning of its acquisition campaign, "Ding" Darling envisioned restoring the property – which had been city-approved for a development of 29 homes – as wetland habitat for a colony of wading birds.

The refuge will improve 16 acres of functional mangrove habitat to attract species impacted by the oil spill, including roseate spoonbills, white ibises, brown pelicans, woodstorks and a number of egret and heron species. Restoration will include mangrove bird-nesting islands and adjacent alligator basking areas intended to provide natural predation protection for nesting birds. The preserved land – in addition to avoiding the introduction of more nutrient pollution as a housing development – acts as a filter for waters running eventually into estuaries and the

"Wulfert Bayous holds tremendous opportunity for wildlife and lovers of wildlife," said John McCabe, who leads the acquisition and restoration efforts for DDWS. "We were so fortunate for the generosity of donors who made possible our \$3 million contribution to the total

continued on page 10B



The Truxor algae-harvesting workboat at The Dunes

Island Golf Courses Receive Best Report Card

by Jeff Lysiak

n November 5, Environmental Specialist Dana Dettmar of the City of Sanibel Natural Resources Department delivered the 2019

photos courtesy City of Sanibel

Report Card Summary of the Sanibel Golf Course and Lake Management Recommendations. As part of the annual program, Dettmar met with representatives from each of the island's three golf courses, reviewed each item on the best management practices (BMPs) checklist and inspected the facilities for compliance.

"2019 marks the 11th year since the adoption of this program," Dettmar told the Sanibel City Council. "On these



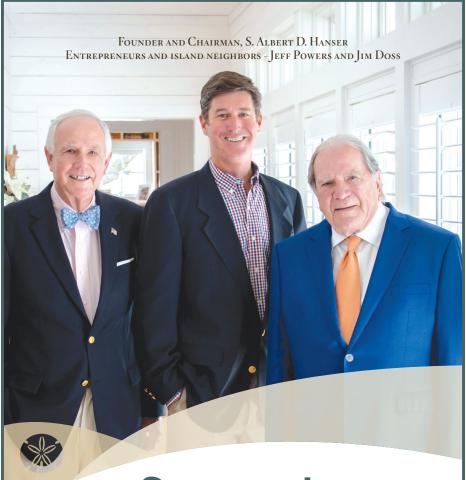
The Sanctuary staff raking grass clippings from one of the lakes on the golf course

report cards, every year the golf courses present their annual report that details what they're doing well or what areas they can improve in. They're assigned a score from one to five for each of the best management practices to give them an idea just how well they're complying with the city's recommendations."

In her report to the council, Dettmar noted that The Dunes Golf and Tennis Club and The Sanctuary Golf Club remain in "full compliance" with the city's recommendations and continue to make progress in implementing the BMPs. Sanibel Island Golf Club remained "partially in compliance," however, the course showed the greatest improvement.

The Dunes Golf and Tennis Club score of 95 percent compliance remains the best annual score among local golf courses, with 61 out of a possible 65 points. While its score remained the same from 2018, the facility has witnessed a 31

continued on page 2B



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Donation To FISH Of SanCap



From left, Willy Ocasio and Jeanne Vaughn of Bank of the Islands, Pat Boris, Maggi Feiner and Maria Espinoza of FISH of SanCap photo provide photo provided

ank of the Islands made another nonprofit donation through its We Love Our Islands program recently. Pat Boris was spotted at the bank's Captiva office with a We Love Our Islands decal on her vehicle, winning her the right to select which local nonprofit organization would receive a charitable contribution from the bank. Boris chose to donate the \$1,700 to FISH of SanCap. That donation marks \$84,100 given away to date through the program.

"As a FISH board member, I know how important their services are for our island neighbors in need," said Willy Ocasio, Bank of the Islands vice president and Sanibel-Captiva office manager. "When extra help is needed, it's so important that FISH is there to provide a hand up in a meaningful

way."

To learn more about the program, stop by the bank's Sanibel or Captiva office.₩

From page 1B

Golf Courses

percent improvement since 2011.

The Sanctuary, which had received the best report card in each previous year of the annual evaluation, tallied 60 out of 65 points for a total of 94 percent compliance. This mark also reflects a three percent decrease from 2018.

The Sanibel Island Golf Club tallied 56 out of 65 points for a score of 86 percent compliance. Course management has shown tremendous improvement since the start of the program, with a 60 percent improvement in the last six years, including a 19 percent increase over its 2018 score.

According to Dettmar, one of the noteworthy efforts made by management at The Dunes was the acquisition of large quantities of floating vegetation.

'Rather than using chemicals to treat this vegetation, which would result in the release of nutrients via decomposition, The Dunes contracted a lake management company to mechanically remove algae with a Truxor algae-harvesting workboat," her report noted. "Over the last two years (2018 and 2019). The Dunes has continued to contract for Truxor vegetation harvesting and removal. In 2019, the Truxor performed two days of mechanical vegetation removal, removing 100 cubic yards of vegetative material from the lakes. This practice has undoubtedly

resulted in a large export of nutrients and a reduction of internal loading in the waterbody.

At The Sanctuary, Dettmar pointed out that staff regularly conducts plant tissue and soil sampling for the greens on the course. Grass clippings are analyzed for 12 nutrients and the data used by golf course personnel to make adjustments to the nutrition program as needed.

"An additional 3,000 square feet of turf was removed from the course, and an additional 400 square feet of cart path was removed and replaced with crushed shell," her report stated. "During a recent bloom of clumping algae in Lake 4, Sanctuary staff mechanically removed the algal biomass, which likely resulted in an export of nutrients from the waterbody.

Over the past year, Sanibel Island Golf Club staff has removed approximately two acres of turfgrass around tee boxes. The removal of turfgrass results in a decrease in the amount of area on the course that would need to be fertilized, likely reducing the amount of nitrogen and phosphorus applied to the landscape. Furthermore, these are areas that are no longer being irrigated with nutrient-rich reuse water.

"Sanibel Island Golf Club has plans to continue to further reduce turfgrass areas. Since the turfgrass is being replaced with shell aggregate, the city would encourage some of these areas to be planted with native vegetation to slowdown and intercept stormwater runoff," the staff report concluded.以

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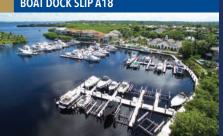
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Frank's Funding Fumble



Peter Knize, JD, LLM, Trust Administration, Estate Settlement

Te all know 'Captain Frank." A combat engineer and war hero, Frank landed with Gen. Douglas MacArthur

on the shores of Korea in September of 1950. Grievously wounded, he was transferred stateside and spent six months recuperating. There he met Julie, his nurse. A wonderful marriage ensued.

Retiring to Tampa in 1976, Frank loved football and saw every home game of the Bucs' abysmal first season.

Quarterback Steve Spurrier's 0-14 year led coach John McKay, after a bad loss, to quip: "We didn't block real good, but we made up for it by not tackling.' Frank was less tactful. Every fall, like clockwork, Frank pulled out his Bucs jersey, adjusted the rabbit ear antennas, set up the neighborhood betting pool, and coordinated the tailgate parties - all with military precision. His Army buddies always joked if they had to serve under Frank or Gen. MacArthur, they would choose Frank. Julie wasn't so sure.

Recently, Frank became terminally ill. Comforting him again these many decades later, Julie reminisced, alone. After his funeral, Julie's sister took her to see the estate attorney. Everything was in order she was told. Julie was named sole beneficiary as well as Frank's executor and trustee. A wave of relief - the first time since Frank's passing - came over Julie. The bills were mounting - the funeral, burial, hospital, mortgage, power, cable, credit cards - and the checking account was running low. Julie felt like

there was no time to grieve.
"There's just one thing," the attorney told her. "A probate has to be opened to fund Frank's trust. Then we can transfer the assets to you." Herein lies Frank's fumble: The investment and banking accounts, vehicles, even a timeshare, were still in Frank's name. A Massachusetts house and farm, given to Frank after his mother's death, were deeded in his name too. Because Frank never transferred (funded) those assets to his trust, a probate court was necessary to oversee the transfer.

In Julie's case, this meant arduous delays. It took two months just for the court to appoint her as the Florida executor. Following the appointment, it took months longer to complete the transfer of the investment and banking accounts to Frank's trust. During the interim, Julie was forced to withdraw funds from her IRA to keep the household going, causing adverse income tax liabilities.

Worse yet, Julie learned that in order to transfer the Massachusetts property to Frank's trust, another probate process would have to be started... in Massachusetts! Months into the Massachusetts probate, the attorney found a title problem with the farm's deed - which had to be resolved before the property was transferred to the trust. Julie was forced to file a contentious 'quiet title" action against her brotherin-law to claim clear title. Months and thousands of dollars later, the property was properly, and finally, transferred to Frank's trust. Both estates were closed. Julie was emotionally exhausted.

If your estate plan includes a revocable trust, avoid Frank's funding fumble. Frank should have transferred his investment and banking accounts to his trust while alive and retitled assets in the name of the trust. Those simple steps would have saved Julie from months of nagging probate filings and hearings - and made the disbursement of Frank's assets timely and seamless. Transferring the Massachusetts property to his trust while still alive would have prevented Julie from fighting to ensure Frank's testamentary intentions.

When in doubt, sit down with our trust specialists and your legal advisors to make sure you avoid Frank's funding fumble.

This information is not intended to be and should not be treated as legal advice, investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.☆

Rotary Happenings

submitted by Shirley Jewell

he Sanibel-Captiva Rotary Club is growing, with over 75 active members meeting on Friday mornings at 7 a.m. at The Dunes Golf and Tennis Club. Members meet for



breakfast, fellowship and an interesting program. We are joined in the winter season by many Rotarian snownbirds as well as many other visiting Rotarians from around the globe. This gives our club the unique experience of exchanging ideas regarding what Rotary does in all parts of our nation and the world.

Sanibel-Captiva Rotarians have many opportunities to partner with fellow nonprofits and service clubs on our islands. Our club not only provides volunteer hours on projects in the community but also provides funding for projects within the community in areas that align with Rotary's Avenues of Service. Sanibel-Captiva Rotary also partners with other Rotary District 6960 clubs on local, regional and global projects, both in leadership roles and as a partnering club. Sanibel-Captiva Rotary's major

fundraising effort each year is our arts and crafts festival, held in mid-February. There, the club raises the majority of the its financial support for our service projects.

Most importantly, we enjoy getting to know each other, working on projects together, and having an opportunity to make a difference in the world, all while having fun, particularly at our monthly club

If you find yourself in our neighborhood, we invite you to drop by on Friday morning.

The Sanibel-Captiva Rotary Club

meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way. \$

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Brian Murty 239.565.1272

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John Stephens 239.980.6394



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Brian Murty 239,565,1272



1219 PAR VIEW DR., SANIBEL

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From left, SCCF volunteer Diane Nietzel with Grampy's Charities presenting sponsors Jim and Johnnatha Castle at last year's tournament photo provided

Willy Ocasio, Vice President/Sanibel-Captiva Office Manager, Darrin Grotrian, Assistant Vice President/Lending

tournament.

Get Your Game On For SCCF

The 28th annual SCCF Tennis
Tournament offers a great way to
raise your racquet to support water
quality and the preservation of the coastal
ecosystem. The tournament will be held on
Saturday and Sunday, December 7 and 8
at Beachview Tennis Club.

Men's and women's doubles teams that play at the 3.0, 3.5 and 4.0 levels are welcome to enter. An entry fee of \$75 per person includes a T-shirt and breakfast and

ampy's Charities presenting sponsors Jim an photo provide lunch on Saturday and Sunday. Winners and runners-up receive a wine glass etched by Luc Century, who founded the

Tournament chair Lisa Newmeyer-Cochrane invites spectators to come out and watch the competition, while supporting SCCF.

To register, contact Beachview Tennis Director Toni Halski at 472-9099. Sponsorships are still available at levels from \$150 to \$5,000 by calling the SCCF at 472-2329. Registration is open until December 4.

Breakfast, lunch and refreshments will

be provided by Bailey's General Store, Doc Ford's Rum Bar & Grille, Lazy Flamingo, Malia, Sanibel Deli and Traders. Refreshments will be available to spectators from 9 a.m. to dusk on Saturday and from 9 a.m. to 1 p.m. on Sunday.**

New Member On Captiva Historical Society Board

Tony Lapi has joined the Captiva Island Historical Society (CIHS) Board of Directors.

"With the start of our exciting 2019-20 season, the CIHS appreciates that Tony brings his experience, leadership talent and rich knowledge of Captiva history to our board of directors," said Tom Libonate, president of the board.

For over 40 years, Lapi has lived the history of Sanibel and Captiva islands. He began his association with historic 'Tween Waters Inn as general manager in the mid 1970s. He is now president and CEO of Rochester Resorts, whose holdings include 'Tween Waters Inn, Castaways, Blind Pass Cottages and West Wind Inn. Rochester Resorts also operates Sanibel Captiva Island vacation rentals.

Lapi and his wife Angie moved to Sanibel in the mid '70s. Over the years, he has served as a volunteer at the Sanibel & Captiva Islands Chamber of Commerce, Sanibel Shell Festival, Sanibel Community Association, Charitable Foundation of the Islands, Captiva Businessman's Association, and United Way, to name a few. He is a



oni Lapi

photo provided

member of the Lee County Visitor and Convention Bureau. He was chair of the board of directors of VISIT FLORIDA, during a year when Florida welcomed a record number of visitors. He also serves on the board of the Florida Council of Tourism Leaders.

Lapi brings a strong work ethic, a generous philanthropic bent, and a deeply rooted history on Captiva and Sanibel. The directors of CIHS are honored to welcome him to the board.





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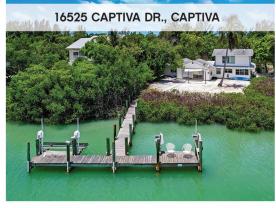
- Superbly built private estate
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16970 CAPTIVA DR., CAPTIVA



- Premier Beach Location on Gold Coast
- Western Exposure, Direct Sunset Views
- Live the island dream

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26O5 WULFERT RD. #4, SANIBEL



- Beautiful golf village condo, 3BR, 3BA.
- Fabulous westerly views offering panoramic vistas of the 18th fairway. Private elevator



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From Beach to Bay + Everything In-Between

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FRIDAY Sunny High: 78 Low: 67



SATURDAY Sunny High: 81 Low: 69



SUNDAY Mostly Sunny High: 78 Low: 67



MONDAY Mostly Cloudy High: 73 Low: 62



TUESDAY Sunny High: 66 Low: 55



WEDNESDAY Mostly Sunny High: 73 Low: 62



Cape Coral Bridge Tides

THURSDAY Sunny High: 75 Low: 64

Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	9:39 am	3:18 am	10:02 pm	3:25 pm
Sat	10:56 am	4:17 am	10:27 pm	4:03 pm
Sun	12:03 pm	5:08 am	10:54 pm	4:36 pm
Mon	1:04 pm	5:55 am	11:21 pm	5:04 pm
Tue	2:01 pm	6:40 am	11:51 pm	5:29 pm
Wed	2:56 pm	7:23 am	None	5:52 pm
Thu	12:23 am	8:06 am	3:52 pm	6:16 pm

Point Ybel Tides

Day	High	Low	<u>High</u>	Low
Fri	8:44 am	3:20 am	9:07 pm	3:27 pm
Sat	10:01 am	4:19 am	9:32 pm	4:05 pm
Sun	11:08 am	5:10 am	9:59 pm	4:38 pm
Mon	12:09 pm	5:57 am	10:26 pm	5:06 pm
Tue	1:06 pm	6:42 am	10:56 pm	5:31 pm
Wed	2:01 pm	7:25 am	11:28 pm	5:54 pm
Thu	2:57 pm	8:08 am	None	6:18 pm

Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	9:23 am	3:14 am	9:39 pm	3:33 pm
Sat	10:45 am	4:15 am	10:22 pm	4:23 pm
Sun	11:44 am	5:10 am	11:01 pm	5:11 pm
Mon	12:30 pm	5:59 am	11:34 pm	5:54 pm
Tue	1:12 pm	6:46 am	None	6:35 pm
Wed	12:05 am	7:31 am	1:55 pm	7:15 pm
Thu	12:33 am	8:15 am	2:43 pm	7:56 pm

<u>Day</u> High Low Low 11:49 am 6:34 am None 6:41 pm 12:12 am 7:33 am 1:06 pm 7:19 pm Sun 12:37 am 8:24 am 2:13 pm 7:52 pm Mon 1:04 am 9:11 am 3:14 pm 8:20 pm Tue 1:31 am 9:56 am 4:11 pm 8:45 pm Wed 2:01 am 10:39 am 5:06 pm 9:08 pm

Thu 2:33 am 11:22 am 6:02 pm 9:32 pm

Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then



closed Thursday, November 28 and Friday, November 29 in observance of Thanksgiving. Normal operating hours will resume on Monday, December 2.

Kayaking on Tuesdays November 26, December 3, 10 and 17 at 8:30 a.m., weather permitting. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration required.

Page Turners with Louise Fitzgerald & Ann Hartman - If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The book for discussion on Wednesday, December 11 at 2:30 p.m. is Founding Mothers by Cokie Roberts.

'ABC News political commentator and NPR news analyst Roberts didn't intend this as a general history of women's lives in early America - she

just wanted to collect some great "stories of the women who influenced the Founding Fathers." For while we know the names of at least some of these women (Martha Washington, Abigail Adams, Eliza Pinckney), we know little about their roles in the Revolutionary War, the writing of the Constitution, or the politics of our early republic. In rough chronological order, Roberts introduces a variety of women, mostly wives, sisters or mothers of key men, exploring how they used their wit, wealth or connections to influence the men who made policy.

-Publishers Weekly

Line Dancing Classes - Tuesday, November 26, December 3, 10 and 17 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members.

The instructor will review dance steps then turn up the music. Bring a friend for a fun-filled afternoon. Advance registration is not required.

The Revs Institute in Naples -Tuesday, December 3. Cost is \$30 for members and \$40 for non-members.

The Revs Institute provides an unprecedented window in the rapid culture shift that the auto sparked over the course of the 20th century. On display are 115 automobiles (many rare) from 1895 to 1995. The cars are routinely driven; all in excellent operating condition. This is an automobile gallery with knowledgeable guides who are passionate about the industry and its history. Afterwards, lunch will be on your own at the Rumba Café. Transportation provided but limited seating available. Advance registration required.

Island Seniors, Inc. Annual Members Meeting - Friday,

December 6 at 11:30 a.m.

The annual meeting and luncheon will be held on Friday, December 6 at 11:30 a.m. at Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. All Center 4 Life members are invited and encouraged to attend. You will learn about the activities offered at the center, the financial standing of Island Seniors, Inc., and get an update regarding the Center 4 Life building. Lunch will be provided. Advance registration required.

Stars on Sanibel with Richard **Finkel** – Friday, December 13. Cost is \$7 for members and \$12 for non-members.

Explore the features of the night sky and the mysteries of the universe. Learn to identify some of the stars and constellations in the night sky. The program will be led by Richard Finkel, who has been on Sanibel since 1991. He worked full-time as an educator with Sanibel-Captiva Conservation Foundation (SCCF) for 10 years and is now an educator with Captiva Cruises in addition to part-time environmental education work with SCCF.

Bring a lawn chair, bug spray and water. Carpool arrangements for transportation. First come, first served. Contact the center for details, 472-5743.

Games – Cost for all games is \$2.50 for members and \$5 for nonmembers. Prizes will be awarded.

Bridge - Monday and Wednesday. Registration begins at 12:30 p.m. Game begins at 1 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon. **Hearts** – Friday at 12:30 p.m.

Fitness Classes – Island Seniors, Inc. members pay \$4.10 per class. visitors pay \$10.25 per class. Island Seniors, Inc. annual membership is \$20. Classes are included with Sanibel Recreation Center membership. You must show your Sanibel Recreation Center membership card to attend.

Fitness class schedule is as follows: Cardio Combo - Monday,

Wednesday and Friday at 8 a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, stability balls and your body weight will be used. The format is 30 minutes of cardio dance and 30 minutes of balance exercises, core strength, flexibility exercises and

50/50 Cardio Sculpt - Monday, Wednesday and Friday at 9:30 a.m. Classes offered at 11 a.m. beginning November 18. This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls.

Power Hour Fitness - Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga - Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.举



East Rocks With Deeded Beach Access! 678 Durion Court Offered at \$699,900

3BD/2BA lake home completely remodeled and just a short walk from the beach access. The living and kitchen areas boast beautiful lake views. New stainless appliances, freshly painted, new baths, tile flooring cabinetry and more!

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20 Year Island Residents Serving our Community



261 FERRY LANDING DR • SANIBEL

Direct Bay front duplex, 2 bed, 2 bath, 1637 sq ft with cathedral ceilings, spacious loft, master suite with office area, community tennis, pool & fishing pier.

OFFERED AT \$1,095,000



SANIBEL ARMS F2 • SANIBEL

Gulf front condo with 1 bed, 1 bath, 638 sq. ft. Remodeled ground floor unit provides easy access to the beach in a favorite Sanibel complex. Great investment property. **OFFERED AT \$599,000**

DUNES LAKE FRONT



1567 SAND CASTLE ROAD • SANIBEL

Beautiful lake and golf course views. 3 bed, 3 bath, 2560 sq ft with cathedral ceilings, space to entertain, master suite, guest room en suite & screened porches.

OFFERED AT \$897,000



1611 SAND CASTLE ROAD • SANIBEL

Island style living with view of the golf course, lake & sunset skies, 3 bed, 2.5 bath, 1349 duplex with main floor master, screened lanai, side deck & paver drive **OFFERED AT \$479,000**



1031 SAND CASTLE ROAD • SANIBEL

Overlooking The Dunes lake and golf course, 3 bed, 3 bath, 1908 sq ft home is easy on and off island. Lots of outdoor space, pool and 2 car garage.

OFFERED AT \$820,000



SAND POINTE 111 • SANIBEL

Corner unit with 2 bed, 2 bath, 1007 sq ft. Enjoy breathtaking Gulf views from the large lanai, relax at the heated pool, or stroll the white sandy beaches of Sanibel Island.

OFFERED AT \$699,000







Fred Bondurant "The Captain" Broker Associate

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Superior Interiors

Fun Ways To Accent'A Bedroom Wall



by Marcia Feeney

Tour bedroom should be your own personal cozy oasis. To achieve feelings of comfort and satisfaction, you can't only put effort into your furniture and the way you style your bed - you

also must think about the walls. Perhaps you don't want to clutter the space with too much decor, and that's fine. An accent wall can be the statement you need to achieve the look and feel you've always wanted.

While a classic option, painting a single wall in your bedroom isn't the only option for accenting. Take a step away from the traditional painted accent wall and think about one that's two-toned instead, either with soft or blurred lines to simulate a sunset sky. This fashionable accent wall combines some of the most intense hues seen in a spectacular sunset yet can have a soft and inviting appearance overall. Choose colors that will flow with the rest of your bedroom or use this wall as a launching pad to restyle the entire room.

Using reclaimed wood throughout the house is a major trend at the moment, likely due to the ever-popular rustic modern theme - so why not use it in the bedroom? Peel-and-stick wood panels allow you to achieve a wood plank accent wall that can bring the cozy vibe with

While chalkboard paint is a popular option in a kitchen or kid's room, there's no reason you can't use it in your own room to create an accent wall. This is a fun way to add character to your room, allowing you to have a slick black moment or let your creative juices flow and switch things up from time to time. To avoid getting dust all over your living space, invest in chalkboard markers instead of traditional pieces of chalk for a mess-free project.

Over time, wallpaper has claimed a bad reputation due to its traditionally tacky design and how difficult it is to remove. Today, temporary wallpaper is available, and it comes in a variety of trendy colors and styles. Consider this option if you're looking for something that will last a while but doesn't necessarily have to be permanent.

If temporary isn't on your mind whatsoever, consider painting a mural in your bedroom. This is a playful and sophisticated option for bringing your style and creativity to life.

Whether you want to hang pictures of you and your significant other, or display pieces of your own digital artwork or photography, putting a photo collage on display is a gorgeous option for an accent wall. Decide whether you'll match the

frames or use different shapes, sizes and colors to display your pictures.

If you love these ideas but can't narrow it down to one, you may need some professional advice about which option would look best in your bedroom. A design professional can go over the different accent wall types and help you make your decision. With his or her insight, plus your own personal style and opinion, you can pick the best accent wall option for your space.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecden.com.☆

Position Open On Advisory Board

anibel City Council is accepting applications to fill a Municipal Officers' Pension Board of Trustees partial term appointment with an expiration date of September 30, 2022. The Municipal Officers' Pension Board of Trustees meets quarterly; the second Wednesday in February, May, August and November at 2 p.m.

Any resident wishing to serve may visit https://mysanibel.granicus.com/boards/w/7544dac3d80bbd3e to access the online Advisory Board Application. After opening the hyperlink, click the green "Apply" button and continue to complete the online application. At the end of the application process, click the green "submit" button, which will allow submission of your application to the city clerk.₩

From page 1B

Restoration Grant

\$9.5 million purchase price, and so appreciative of the Lee County commissioners' role. And now this grant for wetland restoration is icing on the cake. In the future, with refuge administration guidance, we will also be working with them on upland and low-impact public access improvements, which are not covered by this grant."

'This is a huge win for wildlife," said Acting Refuge Manager Kevin Godsea. "Thanks to the 'Ding' Darling Wildlife Society and Lee County, this land forever has been preserved to benefit bird populations that are dwindling. Now, with this grant, we can proactively move forward to restore and enhance the habitat for wading birds.

For its part in the collaborative acquisition effort, the refuge will be managing the new preservation property and its restoration.

'The 'Ding' Darling Wildlife Society recognizes that, because of continued budget constraints at the refuge, we will be providing ongoing support of management expenses for the restoration, perhaps even biological staffing assistance," said Birgie Miller, DDWS executive director. "It takes many organizations working together - in this case, nonprofit, county, and federal factions – to make effective conservation strides and we are proud to be a part of such a successful example of that truism in action." $\prescript{\begin{tabular}{l}\prescri$









New Designs Available at Forever Green Ace Hardware

BURNS family TEAM







1. Remodeled Direct Access Canal Home in Shell Harbor

- 3BR/3BA completely remodeled ground level home featuring travertine floors and open kitchen
- · Large boat dock able to accommodate sizeable boat or sailboat. very short trip to the open waters of the bay
- \$1,595,000 EURO € 1,450,059

2. Island Oasis formerly owned by Founders of Sanibel Sea School - Sanibel

- 3 BR/ 2 BA lakefront home with updated kitchen
- Screen enclosed pool, elevator, plethora of storage for outdoor activities **\$650,000** EUR € 584,658

3. Direct Gulf views at Sundial East - Sanibel

- 2 BR/ 2BA condo + den with views directly out to Gulf of Mexico
- Open kitchen w/ granite countertops, SS appliances, community pool, tennis, beach access & more. Nightly rentals & dog friendly.
- **\$899,000** EUR 817,306

4. On East End Located Across Street from Beach w/ Boat Dock

- 3 BR/ 2.5 BA remodeled home with screen enclosed pool and canal view
- Old Florida style home, community tennis & dock. Offered mostly furnished.
- \$1.375.000 EUR € 1.245.527

5. Sea Oats-Short Walk to Beach

- 3BR/3BA home with enclosed pool and large lanai
- · Volume ceilings, custom millwork, and fully mitigated
- · \$899.000 EURO € 837.924

6. Gulf Pines with Lake Views - Sanibel

- 3 BR/3 BA home close to the beach path
- · Community amenities include pool and tennis courts
- **\$795,000** EUR € 722,756













7. Magazine Ready home in Sanctuary - Sanibel

- 5 BR/5.1 BA property situated on the bay & intercoastal waterway and framed in by the signature 4th hole
- 11,000sqft, top of the line finishes throughout, over a million dollars in updates
- \$3,699,000 EURO € 3,327,156

8. Remodeled in Sanibel Shores -Sanibel

- 3BR/2 BA remodeled and redecorated home with a modern coastal style
- Sprawling backyard with large pool deck and pool, walking distance to beach, tiki's, golf and more. Property generates \$80K in rental income
- **\$729,000** EURO € 655,717

9. Gulf Front Community Sanibel Arms West - Sanibel

- · 2 bed/2 bath recently remodeled unit at Sanibel Arms West
- Community features a large pool, great beach frontage, on site rental office, tennis and more
- \$559,000 EURO € 502,806

10. Captiva Village home with stunning Gulf Views - Captiva

- 3 BR/4 BA fully remodeled home designed to take advantage of Gulf views from every level
- · Wood floors, stainless steel kitchen, stone fireplace, multiple lanais, large master suite, grotto inspired pool with hot tub, wet bar and shower.
- \$3,650,000 EUR € 3,318,317

11. Direct Access Canal home with Boat dock & lift - Sanibel

- 3 BR/3BA home located on 100 feet of canal frontage with direct Gulf access
- Old Florida style home with boat dock & lift, quick access to San Carlos Bay, screen enclosed pool
- **\$1,100,000** EURO € 1,000,040

12. Multi-Use property on Captiva

- Rare opportunity to own 2 separate buildings connected by a breezeway. Front bldg. a commercial space with parking & elevator.
- · Back bldg. beautifully designed living quarters with vaulted ceilings.
- **\$2,900,000** EURO € 2,608,476









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YOUR **LOCAL** EXPERTS WITH A **GLOBAL** REACH. The Charitable Foundation of the Islands (CFI) provided support and coordination of a three-part series held in September and October at the Sanibel Public Library. The three sessions were entitled Researching the Foundation Center Database to Identify Prospects, Introduction to Grant Writing and Maximizing Your Success – How to Win Over Foundations and Your Donors.

The sessions were attended by 26 individuals representing a diverse range of Sanibel and Captiva's nonprofits. Development professional Lisa Heidrick donated her services to guide the participants through the national foundation center database as well as sharing her tips on grant writing.



From left, Cheryl Giattini, Annie Campbell, Cindy DeCosta, Allison Charney Hussey and Lisa Heidrick photo provided

The well-received series is CFI's first steps toward developing a fully-fledged nonprofit education and resource program targeted for launch in the spring of 2020. The Charitable Foundation of the Islands nonprofit educational resource program is an outgrowth of its recent strategic planning process to enrich its contribution to the community.

The Charitable Foundation of Islands vision is to assure a vibrant, healthy community where every Sanibel and Captiva resident enjoys a good quality of life. Its mission is to identify community needs and collaborative opportunities that empower organizations to affect real change, support individuals in need and build and distribute resources that contribute to the vitality and health of the Sanibel and Captiva community.

For more information, visit www. charitablefoundationoftheislands.org, call 322-3818 or email SanCapCFI@gmail.com.



City Councilwoman Holly Smith and City Attorney John Agnew photos provided



Sanibel Police Chief William Dalton



From left, Alan Lessack, Senior Planneer Roy Gibson and City Manager Judie Zimomra

City Dignitaries Visit Sanibel Historical Village

anibel city officials took time out from their busy schedules to visit and tour the Sanibel Historical Museum and Village recently. They watched the village's new orientation video for visitors and then toured the buildings and grounds.

The historical village, its grounds, buildings and artifacts are owned by the City of Sanibel and managed by the 501(c)3 that is the Sanibel Historical Museum and Village.

"We were so happy to host city officials and show them how well we are managing this valuable gem and also show them what an asset the village is to the city," said Executive Director Emilie Alfino.

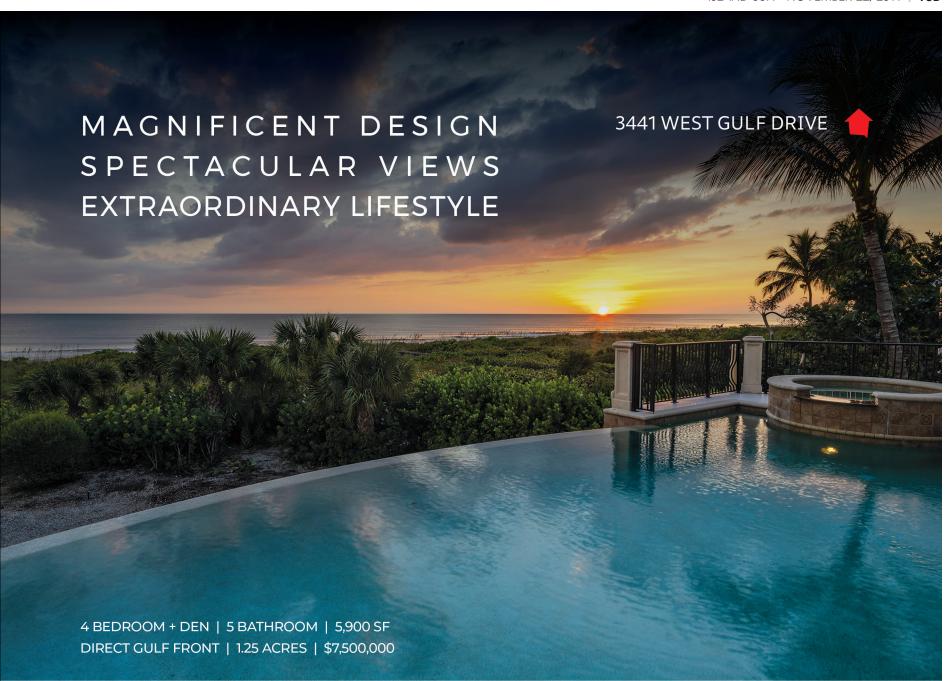


City Clerk Pamela Smith



From left, Facility Maintenance Supervisor Matt Fannon and Finance Director Steve Chaipel with Bill Rahe, historical village board vice president











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PISH of SanCap held its annual open house on November 11, sponsored by Inky and Jack Meng. FISH board members and staff explained the programs and services offered by the nonprofit "neighbors helping neighbors" human services organization. They also provided walkin center tours and answered questions about current and future programming.

Sanibel Catering Company by Bailey's provided hors d'oeuvres with wine parings.

wine parings.

FISH of SanCap is located at 2430-B Periwinkle Way. For more information about programs and services, or to make a tax-deductible donation, call 472-4775, or visit www. fishofsancap.org.



From left, Inky and Jack Meng with Maggi Feiner



Linda Thompson and Lynn Meline

CIAL SERVIC



Nicole McHale and Anna Woodall



Joan and Jim Bajek



Maryanne Daly and Jerry Edelman



From left, Nitza Lopez, Anthony Morales, Kathy Monroe and Teresa Riska-Hall



From left, Sheridan Snell, Ed Ridlehoover, Alicia Tighe and Cassie Gaenger

New Wealth Services Advisor At Trust Company

effrey A. Muddell has joined The Sanibel Captiva Trust Company as senior vice president, wealth services. Muddell will meet with individuals and families to discuss their financial and lifestyle needs and address how the trust company can best apply resources to uphold their goals.

Muddell joins the company after 12 years in nonprofit management and philanthropy, primarily in the health care sector. Most recently, he served as system director of gift planning for the Lee Health Foundation in Fort Myers, where he led strategic planning and management of the fundraising initiative, and managed a staff of 13 development specialists. He managed a portfolio of major gift individuals, corporate, and foundation donors and prospects, and closed on major gifts in support of critical needs.

'We've known Jeff for some time and are impressed by his genuine ability to relate to people and their needs," said Al Hanser, founder and chairman of the trust company. "His experience in health care aligns well with how we approach client relationships at the trust company. Jeff and his family are also Sanibel residents and are engrained in the local community. He is a welcome addition to the team.

Prior to moving to Southwest Florida in 2017, Muddell spent 18 years in the Orlando area where he led fundraising efforts at Orlando Health Foundation, served as vice president at PACE Center for Girls and senior fundraising consultant



Jeffrey A. Muddell

photo provided

at Winkler Group. During his time in the nonprofit sector, he helped a variety of organizations raise tens of millions of dollars while building relationships and earning the trust of high net worth individuals and families from across the country.

Muddell holds a master's in business administration from the University of Florida's Warrington School of Business and is in the process of earning his certified financial planner (CFP) designation. He earned his bachelor's degree in communications from the University of Miami and began his professional career in broadcasting and journalism. Muddell will operate out of the trust company's Palm Ridge Road office on Sanibel.

Expansion Plans Set For Ronald McDonald House

onald McDonald House Charities (RMHC) Southwest Florida will be breaking ground soon on a house expansion. Through silent fundraising, the organization has raised 80 percent in cash and pledges towards the capital campaign target of \$3 million.

A \$500,000 Challenge Grant from the Clark Family Foundation will be used to encourage new donations from first-time donors and increased donations from previous donors. Campaign co-chairs Jim Nathan and Sandy Stilwell-Youngquist recently kicked off the capital campaign at a House Expansion Launch Party at the Ronald McDonald House.

The Ronald McDonald House provides a home-away-from-home for families with children who require medical attention. The family centered programs make a difference by improving the clinical outcomes and experience for the children and their families. With the ever-growing medical services and advancements of Golisano Children's Hospital, the need for additional space at the Ronald McDonald House will grow as well.

The house expansion will consist of: six additional bedrooms; two additional offices; one additional public restroom; one storage closet; entry hallway; additional

parking; and structural improvements to the existing 23-year-old house, including, but not limited to heating, venting, air-conditioning, hurricane impact windows and soffit/fascia repair and replacements.

The community is encouraged to help Ronald McDonald House Charities Southwest Florida provide stability and resources to even more families so they can be near their children while they receive the care they need.

To donate or for more information, visit www.rmhcswfl.org/house-expansion or call 437-0202.☆

Extend Treatment For Drug Abuse

Tarconon suggests that an addict should attend a program longer than the traditional rehab stay. An addict's body takes way more than 28 days to physically heal from the damage the drugs and alcohol have done to their body. Making the shorter but "more convenient" rehab stays are not very effective. An addict should take the time to physically get better then dig into the different things they need to deal with emotionally. They will then have the best chance at remaining clean and sober for

For more information on choosing treatment, visit www.narconon-suncoast. org/blog/long-term-treatment-vstraditional-28-day-program.html. \$\pm\$

Wishing You A Happy Thanksgiving CHUCK BERGSTROM Island Resident • Award Winning Realtor® Chuck@ChuckBergstrom.com Direct: 239-209-6500 **RE/MAX** of the Islands

836 Donax Street

This 3 BR/2 BA family home overlooks the Sanibel River and allows for weekly rentals. Living room, dining and kitchen combo have French door access to the screened back porch with lush vegetation. Community pool; easy walking distance to beach access.

\$575,000

Seashells of Sanibel #36



2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from the beach, this complex is an ideal West Gulf Drive location.

\$380,000



Beautiful 2 BR/2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan.

\$674,000



This 3BR/2BA has been updated with cathedral ceilings an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball

\$1,329,000

678 Durion Court



Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks, Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell.

\$699,900

4014 West Gulf Drive



Brand new custom home across from beach access 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless es. All rooms access screen enclosed decks, native vegetation, oversized salt water pool.

\$3,699,000

www.SanibelCaptivaRealEstateGuide.com

Locations In Sanibel and Captiva 2400 Palm Ridge Rd. Sanibel • 11508 Andy Rosse Ln. Captiva

New Name, Same Mission Touted At The Launch 3.0



Auctioneer Richard Johnson, dressed as Alexander Hamilton, during The Launch 3.0, a benefit for the environmental organization Coastal Watch photos by Jeff Lysiak



Coastal Watch President Dr. Bruce Neill discussing the group's new name while explaining its mission priorities



From left, Nicole Finnicum, Sam Lucas, Sam Nowinski, Sam Galindo, Shannon Stainken and Kealy McNeal $\,$



Coastal Watch advisory board member Doug Gould selling raffle tickets



Bob Brooks and Roger Grogman



Shelley and Bill Greggs



Artist Monika Urbankski putting the finishing touches on her acrylic painting



From left, Kevin Vertesch and Marya Teets with Annie and Henry Nachtsheim



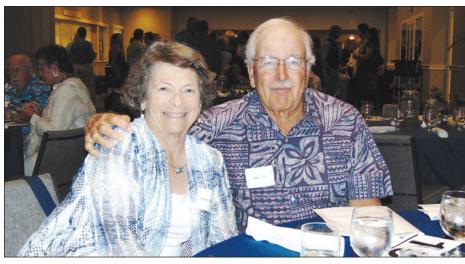
From left, John and Jane Henshaw with Richard Johnson



Fay and John Carney



The winning bidder for two tickets to see the musical Hamilton also received Richard Johnson's tricorn hat



Jeanne and Doug Mallon



Nancy and Jerry Cunningham



Thank You, Feather Bingo Sponsors...

Adventures in Paradise, B Unique Boutique, Cape Nails, Captiva Cruises, Cedar Chest, Fine Jewelry, Cip's Place, Congress Jewelers, Doc Ford's Rum Bar & Grille, Eileen Fisher, Floral Artistry of Sanibel, Forever-Green Ace Hardware, George & Wendy's Seafood Grille, Great White Grill, Grog Shop, Huxters Market & Deli, Island Cinema, Island Gifts & Shells, Island Inn, Island Paws, Island Pharmacy, JB Designs, Jensen's Twin Palm Resort & Marina, Jerry's Foods, Lighthouse Café, Lily & Co Jewelers, Love Boat Ice Cream, Nanny's Children's Shoppe, Naples Soap Co., Paper Fig Kitch<mark>en, Rosie's Caf</mark>é & Grill, Sanibel Day Spa, Sanibel Deli & Coffee Factory, The Sanibel Fish House, Sanibel Home Furnishings, Sanibel Seashell Industries, Sanibel Skin Spa, Sanibel Spirits, Sanibel's Finest, Sea Glass Lane, She Sells Sea Shells, Shiny Objects, Spoondrift Island Bowls, Suncatchers' Dream, T-Shirt Hut, Tarpon Bay Explorers, The Blue Giraffe, The Bubble Room, The Clam Shack, The Pecking Order, The Sanibel Café, Three Crafty Ladies, Trader Rick's, Traders, Traditions on the Beach, 'Tween Waters Island Resort & Spa, Tuttle's Sea Shell Shop, Walsh Landscaping, Whims on Periwinkle, Why Knot, Wilford & Lee Home Accents

Special Thanks to Bailey's General Store and Sanibel Catering

Will Power

More Power To You



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

o good deeds lead to personal strength? I recently attended the Bat Mitzvah of Yiftach Levy's oldest daughter, Hadarya, in San Diego. Yiftach is the man who selflessly donated his bone marrow to save my mother's life twice from acute myelodysplastic leukemia. She died almost four years ago, but Yiftach's extraordinary generosity added 11 years to my mother's life, allowing her to attend the Bar and Bat Mitzvah ceremonies and celebrations of all five of her grandchildren.

Because my mother couldn't be there for Hadarya's big day, I wanted to be there. I also brought my father.

Upon concluding Hadarya's Torah reading, the congregation shouted out a congratulatory phrase – "Yasher Koach!" – as candy was tossed in her direction, as is

A friend of Yiftach's family sitting next to me in the congregation inquired what "Yasher Koach" means. The Hebrew words idiomatically translate to "You're amazing - more power to you!" although the literal translation is closer to "may your strength" be enriched.'

This seems like an odd way to congratulate someone, doesn't it?

It does, of course, until you understand the nuance found not only in the Hebrew Bible, but what modern social psychology has discovered relative to emotion's effect on our bodies

It is said that when Moses descended from Mount Sinai with the tablets containing the written Torah from God, he smashed them in anger upon witnessing the Israelites dancing around their golden calf. Ancient rabbinical commentary suggests that Moses did not intentionally destroy the tablets, rather his strength waned, causing him to drop

That same rabbinical commentary states that each tablet was a block of sapphire six-by-six-by-three handbreaths in size. A handbreath is thought to be eight centimeters. Since sapphire is four times as dense as water, and water weighs one gram per cubic centimeter, the two tablets supposedly weighed nearly 1,000 pounds!

How could a mortal man carry such weight down a mountain? Moses' strength is said to have been derived from his interaction with the Almighty, but that strength vanished when he found that in his absence, the people he was charged to lead had

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Regardless whether you believe in biblical accounts, there's numerous known instances of supernatural strength occurring amongst normal individuals when finding themselves in extraordinary circumstances.

As but one example, when Anchorage, Alaska resident Bruce Anderson was underneath his Volkswagen repairing it, the vehicle slipped off its jacks, pinning him to the ground. His 17-year-old son, Riley, hearing his father's cries while realizing help was miles away, ran to the rescue.

With super-human strength, Riley did the amazing by taking the car by the bumper, raising the 2,500-pound vehicle off of his father, enabling him to scramble away.

It doesn't necessarily take extraordinary events to enable exceptional strength. Sometimes even simple deeds work. According to fascinating experiments in social psychology completed by Kurt Gray and his colleagues at Harvard University, good deeds and thoughts are potent triggers of physical power.

Volunteers were given a dollar and told to keep it or donate it to charity. The decision made, each was asked to hold a weight for as long as they could. Surprisingly, those who had done a good deed were able to bear the load for almost 10 seconds longer than the others. In a follow-up experiment, even thinking about doing good increased their physical stamina after the fact.

In this season of Thanksgiving, consider what good deeds you might accomplish. It might be as simple as inviting someone who doesn't have a place to share the holiday. Perhaps it's writing a check to your favorite charitable cause or doing yardwork for someone not able to do it for herself.

There are countless ways that you might help someone in the coming days, weeks

And when you do, there might not be anyone there to encourage you to gather the strength to continue. To do more.

So know this - upon completing your charitable task, think of me shouting out to you, "Yasher Koach!

Happy Thanksgiving to you and your loved ones. ©2019 Craig R. Hersch. Learn more at www.sbshlaw.com.

LCEC Provides **Grant For Clear** Your Gear

he Clear Your Gear initiative received a grant from Lee County Electric Cooperative (LCEC) for the production of 10,000 car stickers.

A nonprofit environmental organization based on Sanibel, Clear Your Gear seeks to raise awareness that fishing gear can injure/kill unintended prey such as birds, reptiles and mammals, and to urge those who enjoy fishing to untangle tackle from vegetation and discard it responsibly.

Clear Your Gear asks anglers not to cut the line if they hook an animal instead of a fish, but to try to take the affected animal to a wildlife hospital/veterinarian rather than let it go.

Clear Your Gear stickers, created by graphic designer Renny Severance, are free and available locally at The Bait Box, Sanibel & Captiva Islands Chamber of Commerce, Island Sun, Tarpon Bay Explorers and Norm Zeigler's Fly Shop.



image provided

Or you may send a self-addressed #10 envelope with first class 1-ounce U.S. postage to Clear Your Gear, P.O. Box 1215, Sanibel, FL 33957 for 10 free stickers.

Visit the Clear Your Gear Facebook page for more information, and feel free to post relevant stories/photos on the public group page, Anglers Who Care

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SCCF Leader Speaks At Lions Club Meeting

yan Orgera, CEO of the Sanibel-Captiva Conservation Foundation (SCCF), addressed the Sanibel Captiva Lions Club at the October 16 meeting held at The Community House.

Orgera opened the session by highlighting the efforts that SCĆF has made toward the conservation of land. SCCF fundraising campaigns have helped to acquire 2,330 acres of land on Sanibel, Captiva and Pine Island. Of that total, SCCF directly manages 1,860 acres. The conservation land provides protection for native wildlife and also provides protection and mitigation for some of the water issues facing Southwest Florida.

SCCF is well known for the sea turtle and snowy plover monitoring on the beaches of Sanibel and Captiva. It also monitors a number of other species, including gopher tortoises, the Sanibel rice rat, bald eagles, alligators and coyotes. By monitoring these wildlife species, SCCF provides hard evidence about the number and health of these animal populations. Orgera informed the Lions about the disorientation that is caused by light pollution on the survival rate of sea turtle hatchlings. He also commented that Sanibel, through its dark skies ordinance, has done a good job of reducing the disorientation; however, the impact of "sky glow" from



Ryan Orgera addressing the Sanibel Captiva Lions Club

photo provided

the lights of surrounding communities is an increasing problem.

Although the Lions are aware of the water quality problems, they were informed about the role that SCCF plays in trying to improve the environment. Through its River, Estuary and Coastal Observing Network (RECON) program and recently completed marine research laboratory, SCCF is able to provide quantifiable measures of the water quality in the area. The oyster bed restoration provides one approach to improving the water quality, since oysters filter and remove nutrients and other pollution elements. In addition to

direct actions, SCCF is one of the lead organizations to raise awareness and lobby for improvement in water quality.

Orgera noted that 40 percent of Lee County is wetlands, and much of this is inland, not just adjacent to the Gulf of Mexico or Pine Island Sound. The importance of this fact is wetlands act as a natural sponge that soaks up floodwaters and reduces flood heights. They also slowly release the water back into the water system and filter some of the pollutants. Lions were surprised to learn that 30 percent of critical services such as schools, hospitals, police stations, fire stations

and hurricane shelters, are in the floodplain. Destruction of wetlands does not just reduce a nice view of nature, but hampers the ability to respond in an emergency and slows the subsequent

Sanibel Captiva Lions Club holds dinner meetings on the first and third Wednesday of the month during the year. Visiting Lions or other interested paries are welcome to attend. For more information, contact Membership Chair Lion Steven Schulz at P.O. Box 391, Sanibel, FL 33957, by calling 233-6261 or by visiting www. sanibelcaptivalionsclub.org.

Plans Under Way For Play For PINK Golf Fundraiser

he Dunes Women's Golf Association (DWGA) is beginning to make plans for its annual Play for PINK Breast Cancer Research Foundation fundraiser to be held at The Dunes Golf and Tennis Club on Saturday, February 8.

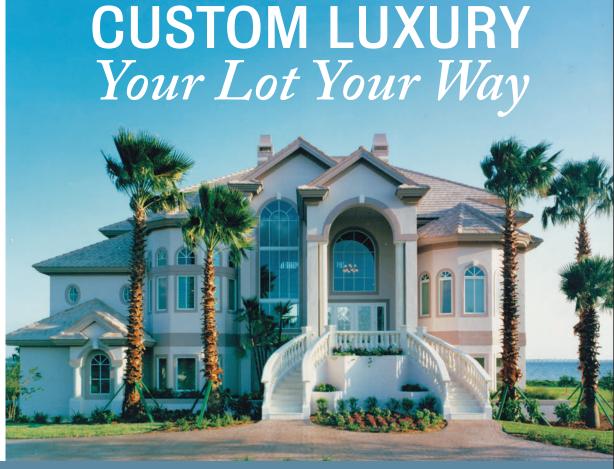
With the support of local financial institutions, private foundations, artists and businesses, the DWGA was able to donate more than \$31,500 after last season's successful golf tournament. The association works with the Estée Lauder Foundation, which donates 100 percent of funds raised to breast cancer research and is rated A+ by CharityWatch.☆



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by Howard Prager

The whacking, hacking, hoping and helping of sports today.

But as I get ready to submit today's article, I am saddened to learn of the untimely passing of 23-year old Twins

prospect and former Miracles star Ryan Costello as he was preparing to play winter ball in Australia. As of this writing, no cause for his death has been found.

What was Myles Garrett thinking? The Browns defensive end and former No. 1 pick has been suspended for at least the rest of the season for whacking the helmet off of Steelers QB Mason Rudolph. How do you limit the violence in a sport that has players going all out with a full head of steam either to advance the ball or stop the other team's advancing? That's the sport, that's NFL football. Turn it on for five to 10 second spurts, then immediately turn it off, while keeping the desire, passion and intensity going. Better protective gear cannot stop blatant actions. Passions heating up in the intensity of the game are hard to ease up immediately after the whistle blows. But this is also why these stellar athletes are paid the sums they are - to play the game and follow the rules. Garrett may be sorry for his actions, but that doesn't stop them from being blatantly wrong. Thank

goodness that Rudolph didn't suffer any injuries as a result of this.

I thought I was done writing about baseball for a while. Not so fast. Or actually very fast. That's what supposedly the Astros figured out - how to use modern technology to steal signs quickly. Specifically, video feeds that led them to find ways to tell their batters what pitch to expect, dating back to at least 2017, when they won the World Series. "They've been cheating, they still are cheating, and it's time Major League Baseball (MLB) puts a stop to it," one National League GM said. "Come on, they won 60 games at home this year. Look at their numbers when guys are on base (MLB-best .282 average) since 2017. (They used) banging of garbage cans and pipes as a way to convey signs. It's one thing to steal signs with your eyes. We all do that. It's another to do it electronically, and that's what they've been doing. This tarnishes everything they've done. There should be a huge asterisk next to their World Series title." Whacking, cheating, stealing does not belong in major league sports. I, for one, do agree with the actions of sports commissioners who levy fines and actions against individuals and teams that find ways to cheat. We'll have to wait and see what MLB does with this Astros accusation.

Sometimes the actions of the commissioner can go too far and block others from their profession. I'm talking about Colin Kaepernick. Whatever your stance on kneeling or not during the national anthem, a player should not be kept out of the league for his personal beliefs that do not affect the play of the

game or other players. Kaepernick has been out of football for three years when no team signed him after leaving the 49ers as a free agent. So Kaepernick's agent orchestrated a "tryout" for any NFL team that wanted to see his skills, supposedly with the NFL's blessings. Ah, but the NFL had a hitch. Last minute waivers they insisted he sign that would cause him to lose some of his rights, along with keeping media away from the practice. That was not what the agreement was supposed to be, so only a couple of hours before it was to take place, the practice was moved from the Falcons training site to a suburban high school an hour away. Instead of 25 teams coming to look at his skills, only eight showed up to see that he still has a strong and accurate throwing arm. This is a heavy-handed move by the NFL that was supposed to be giving him a chance to get back into the league. Time will tell if anyone signs him. Here's hoping that some team can use his skills, as either a starter or back-up. Teams have taken

Let's end today with a nice story. Helping. That's what happened at Paradise High in California. Even though it was spared by the devastating California fires, the school remained closed for seven months because of contaminated water and toxic dust. The track and football coaches who were set to retire stayed on, inspired and rejuvenated by the kids who wanted to keep playing. The sports teams practiced wherever they could, including neighboring high schools who welcomed them, malls where classes were held, baseball diamonds and courts across the county. The boys' cross-country team set a school record, even though they didn't have a school at the time and many had moved away. And the football team is 11-0 and in the state playoffs this year, despite being undermanned. Helping each

chances with far worse characters.

other through life's challenges – that's winning in my book.

Clays Tournament To Benefit Ronald McDonald House

rampy's Charities has partnered with Kids & Clays for the inaugural Grampy's Sporting Clays Tournament, benefiting Ronald McDonald House Charities of Southwest Florida. The tournament will take place on Friday, December 6 at Sarasota Trap, Skeet & Clays in Nokomis.

Registration and breakfast will begin at 8 a.m. followed by a brief safety meeting at 9:30 a.m. Shotgun start is 10 a.m. and lunch, raffle and awards will follow. Each participant will receive Grampy's Famous Ditty Bag, Kids & Clays shooter gifts, eye and ear protection, ammunitionand a loaner gun if needed.

New shooters are encouraged to join as no experience is needed for this shoot. There will be a coach at each station to show new shooters what they need to do. A block of rooms in close proximity to the event have been secured for out-of-town quests.

Grampy's Charities has offered to sponsor the entire event so 100 percent of the proceeds will benefit Ronald McDonald House Charities of Southwest Florida.

Sponsorship opportunities and reservations can be made at www. rmhcswfl.org/events/grampys-sporting-clays.



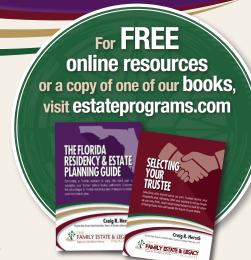


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SPORTS QUIZ

- 1. Tony La Russa is No. 1 on the St. Louis Cardinals' list of managerial victories (1,408). Who is No. 2?
- 2. Name the only San Diego Padre to belt 50 or more home runs in a season.
- 3. When was the last time before the 2018 season that the University of Texas football team won 10 or more games in a season?
- 4. Name the last time before 2017-18 that the Boston Celtics made the NBA Eastern Conference Finals in consecutive years.
- 5. Who was the last NHL goaltender to win the Vezina Trophy (top regular-season goalie) in consecutive seasons?
- 6. Name the last French-born cyclist to win the Tour de France.
- 7. Phil Mickelson is one of two golfers who have won three of the four men's majors at least once, but have never won the U.S. Open. Who is the other?

ANSWERS

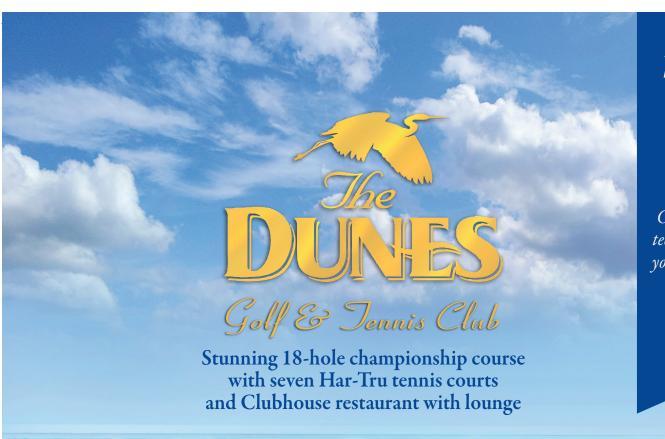
1. Red Schoendienst, with 1,041 wins (1965-76, '80, '90). 2. Greg Vaughn hit 50 in 1998. 3. It was the 2009 season, when the Longhorns were 13-1. 4. It was 1987-88. 5. New Jersey's Martin Brodeur, in 2007 and 2008. 6. Bernard Hinault, in 1985. 7. Sam Snead.

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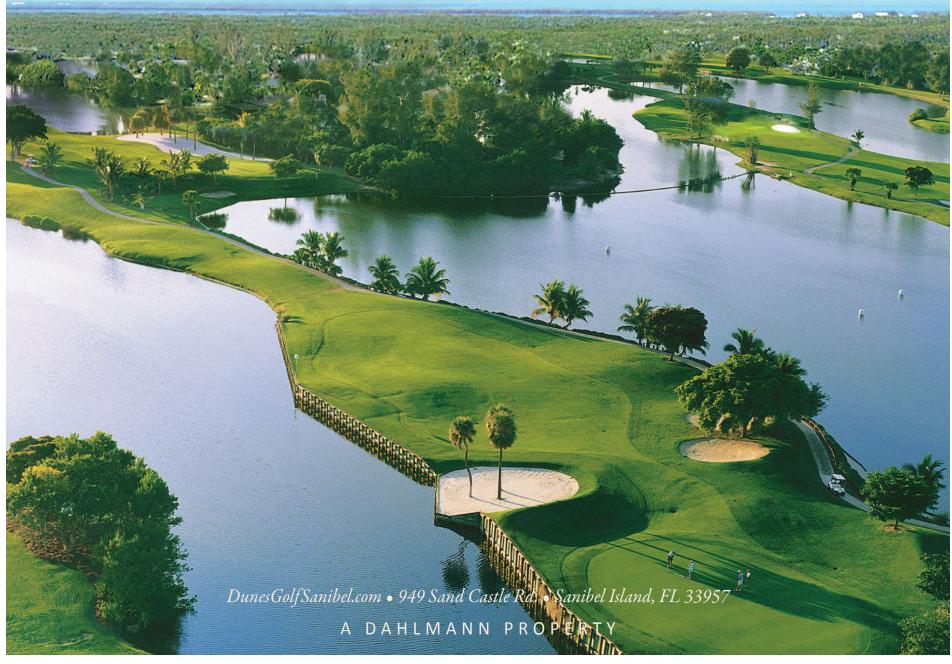
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submitted by Armando Llechu, Chief Administrative Officer, Golisano Children's Services

(This is the first in a series of articles featuring news and updates from Golisano Children's Hospital of Southwest Florida)

very spring since 2001, the island communities of Sanibel and Captiva have rallied around an important cause - to provide the best health care possible for the children of Southwest Florida. Our entire team at Golisano Children's Hospital of Southwest Florida is so grateful for the incredible generosity of our island friends, with almost \$16 million having been generated through the SanCap Cares celebrations.

We are less than five months away from the SanCap Cares 20th Anniversary Celebration, which will be held at The Sanctuary Golf Club on March 29. You'll hear more about the event and how you can support it in the weeks to come.

Right now, I would like to provide you with several updates on the projects and initiatives you have contributed to recently that are making a true impact.

A major focus of SanCap Cares in recent years has been on our Pediatric and Behavioral Health Initiative, which we call Kids' Minds Matter. Thanks to support from the community, our team of pediatric mental health care providers has expanded from six to 21 in the past three years, more than doubling the number of available patient visits.

From a community standpoint, we hosted the first regional mental health fair last spring to foster collaboration with organizations across the region. Donations from SanCap Cares have been used to fund our Child Advocacy



Armando Hechu

photo provided

team, which coordinates many mental health outreach efforts across Southwest Florida. The team has conducted more than 60 mental health first aid training sessions across the region, including one with the teachers and staff at The Sanibel School before the start of this school year.

Gifts from the 2019 SanCap Cares event helped to fund new sensory rooms within the hospital. Each room is designed to calm and distract children during treatment and procedures, especially those with special needs like autism, Down syndrome, sensory integration disorders, and even anxiety. Sensory rooms help to encourage play and promote cognitive development.

Our kids-only emergency department, supported and sponsored by SanCap Cares, continues to grow in patient volume year-over-year. In the last 12 months, we had 39,048 patient visits, averaging more than 100 children per day. Not only is our volume increasing, but we are treating sicker children from all areas of our five-county region.

Our transport team has been active in bringing in patients to Golisano from our region with the SanCap Cares gifted ambulances. Within this past year alone, we have transported 1,404 patients into our hospital, including neonatal intensive care unit (NICU) babies, young children and expectant mothers in need of our

Our neonatal intensive care unit has grown to 70 beds, as our team of experts care for the tiniest and most vulnerable newborns from across Southwest Florida.

Exciting projects are on the horizon, starting with a new pediatric eye institute, which will house three top pediatric ophthalmologists. With the help of our community, we hope to grow this to be one of the best eye care centers for children in the state

In addition, we recently announced a new partnership with Johns Hopkins All Children's Hospital to expand care for kids across Florida's west coast. Our agreement will allow our two hospitals to collaborate on research studies and treatment protocols so that we can continue to expand the delivery of the highest quality care to all of our patients, keeping them close to home whenever possible.

We are always honored to welcome SanCap guests to our campus. If you'd like a tour, do not hesitate to give me a call at 343-6664.

Cheers to SanCap Cares for 20 years. We look forward to an amazing anniversary celebration in March. \$

Doctor and Dietician

Peace And Joy Vs. Inflammatión And Weight Gain





by Ross Hauser, MD and Marion Hauser, MS, RD

o you find it a struggle to stay healthy during the winter holidays? A New England Journal of Medicine article reported Americans gain an average of 1.3 pounds during the winter months. Why? Staying indoors more. Our days are filled with holiday parties, get-togethers, school functions, shopping, cooking, decorating, giftwrapping and tight schedules.

Busy schedules, lack of sleep, lack of exercise and over-indulgence all lead to six weeks of weight gain and "holiday blues," putting our bodies into a state of chronic inflammation.

Tips for staying healthy during the holidays:

1. Get at least 30 to 45 minutes

of exercise four to five days per week. Walking/running, yoga, exercise class, pickleball, bike riding, swimming - the possibilities are endless.

2. Choose healthy, balanced meals that focus on fresh vegetables and lean protein, along with plenty of daily water. Eat like this every day – even during the

3. Keep sweets and alcohol moderate. When you do consume extra, increase your exercise the next day.

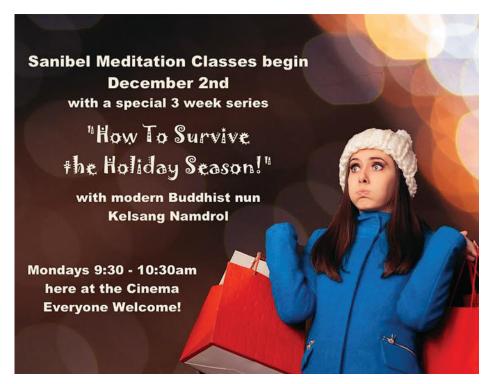
4. Get enough sleep. Go to bed and get up at the same time. Use mindfulness techniques, shut off your phone/tablet before bed, make the room cool and dark, and meditate on something positive before bed.

5. Ward off body pain. Joint pain and chronic inflammation are at its peak during the cooler months. People who suffer from arthritis feel it more during this time. Obviously, this is why many come to Southwest Florida during the winter months. If you are moving less due to pain, see someone about it and get it taken care of. We specialize in this at Caring Medical, and we'd love to help

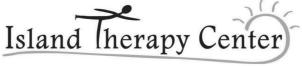
6. Give. Use this as a time to give to others. Volunteer. Donate money or time.

It does the body good!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@



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Surprising Health Benefits Of Winter **Essential Oils**

by Suzy Cohen, RPh

ear Readers: Essential oils (EO). when used correctly, have profound and potent actions on the body and impact your metabolic pathways similarly to drugs and dietary supplements.

If you inhale a specific oil, or put it into a diffuser and aromatize it, you will be harnessing a natural healing modality. If you apply an oil, for example tea tree oil, you will be utilizing very strong anti-fungal and antiseptic benefits. Today, my focus is on some winter essential oils that can help restore balance to the dreary, cold winter months ahead.

Here are the best EOs derived from trees and plants which thrive in winter and high altitudes:

Cypress (Cupressus sempervirens) The clean, fresh scent of Cypress will 'wake' you up and make you feel more energetic. In my opinion, this EO could be inhaled or applied to your legs (in a carrier lotion or directly) a half-hour before you go out for a run, or to the gym. You may be able to run faster, or take on more weight during leg lifts. Apply one or two drops to your feet or legs prior to working out.

Be mindful of others and do not apply too much of this EO because it has a strong scent and it contains "camphene" (a strong antiseptic), which may be off-putting to other gym members.

Juniper Berry (Juniperus communis)

– The berries of the coniferous tree called juniper give us this beautiful, calming essential oil. It has a strong woodsy but clean aroma. It is thought to support urinary tract health and issues related to the kidneys. It may have a use for reducing pimples and improving complexion. You could put a drop into

your face moisturizer.

Because of the clean scent, most people diffuse Juniper Berry EO. It has a grounding effect, so think about putting three drops in your diffuser and keeping it in your office.

Siberian Fir (Abies sibirica) – The Siberian fir tree grows very tall and in harsh, cold weather like Russia and Canada. The strong woody scent has instant calming and relaxing properties. Essential oil of Siberian Fir may be helpful to calm the emotions and provide a sense of grounding when you feel like things are out of control. It's akin to taking a hike in the forest and smelling the clean, fresh aroma of the fir trees growing along the path.

Peppermint (Mentha piperita) -Peppermint gives us that zingy, fresh aroma that most people associate with mint. It's from the high menthol content, which is great for throat lozenges, mints/candies and also breath fresheners and toothpaste. The peppermint tree actually grows best in temperate climates, where it doesn't get super hot or cold. But it's very popular at winter time, especially because of candy canes and other minty deserts at the holiday table. Diffuse peppermint or apply a dab to your temples if you have a headache. You can also put a drop into your smoothie for a unique, refreshing flavor.

This information is not intended to treat, cure or diagnose your condition. Suzv Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

Hope Care Tree Of Lights Honors Loved Ones

Tope Hospice's Tree of Lights tradition offers a way to commemorate loved ones while providing essential funds for those in need of hospice care and bereavement

In each Hope Care Center, a Tree of Lights will be adorned with white paper butterflies designated "in honor of" or "in memory of" a loved one by \$30 donors. Along with having a butterfly

placed on the tree of their choice, \$60 donors will also receive a keepsake metal ornament engraved with the Hope Hospice logo.

In addition, with a gift of \$300, a dedication stone will be engraved with the donor's personal message and placed in one of Hope's Tribute

To learn more or make a donation,

visit https://donate.hopehcs.org/ treeoflights.

Hope Healthcare, which includes Hope Hospice and Hope Kids Care programs, is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit www.hopehcs.org.☆

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have a fear of asking for what I need. Then I realize I am overlooked, and I build up resentment. How can I learn to ask for what I need without feeling guilty?

A: Do you know what it is that you need? Are you able to differentiate between your wants and needs? As you decide what it is that you need, who do you need it from? Ask yourself why you are afraid of asking? Is it that you have been told no before and you are afraid of the same thing happening again? As you identify what you need, tell yourself that you deserve it and you are worthy

of it. Yes, there is the risk of the other person saying no and the feeling of disappointment. However, if you don't take the risk and ask for what you need, you will never know, and therefore, never grow.

Before you ask the person for what you need, clarify with yourself why it's important to you and believe it's worth your effort to ask. This should make

asking a bit easier.

There is also the possibility that the person will say yes, and you will be validated. Visualize yourself asking for what you need with conviction and purpose. Then visualize the other person giving you exactly what you ask

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@ gmail.com or visit www. drconstanceclancy.com.☆

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To be listed in calling card email your information to: press@islandsunnews.com

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services Bruno And Shalina



Bruno ID# A480885

'ello, my name is Bruno. I am a 9-yearold male terrier mix who came to Animal Services needing to gain quite a few pounds. I have put on almost 10 pounds and am ready for my forever home where I can put on the rest of the weight I need and bloom into the dog I am meant to be! I am a very trusting and loving boy that will be a loyal companion to the family that is lucky enough to adopt him.

My adoption fee is \$10.

Hi, I'm Shalina. I am a 2-year-old female domestic shorthair who is a petite, shy gal that loves to be held. I will sit in your lap to be pet for hours. I prefer a quiet home where I can be the 'queen bee' and have all the attention. My tranguil demeanor will soothe even the worst of moods and brighten your day!



Shalina ID# A794827

My adoption fee is \$10.

Pick your own "purr-fect" companion from the pet "pup-kin" patch in November. There are plenty of pets to "fall" in love with at Lee County Domestic Animal Services when visiting with the many cats, kittens, dogs and rabbits currently available. Adoption fees will be reduced for the entire month of November. Adult dogs more than six months of age are just \$30 to adopt; cats and kittens are \$10. In addition, cats and kittens are two-for-one; adopt one and take home a second feline friend at no additional charge.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/ animalservices or call 533-7387.☆

Haven on Earth Animal League

Baby Grey And Peloton



Baby Grey

i There! We are Baby Grey (grey and white) and Peloton (black and white ■tuxedo). While we aren't biological siblings, we've spent our entire lives together so we would really like to get adopted together. Baby Grey is a 6-month-old male, and Peloton is a 5-monthold female. We've been neutered and spayed and have all of our vaccinations. We are very playful and sweet.

Baby Grey likes to give kisses, and will cuddle and sleep with you – just like a human child. Baby Grey needs a lot of attention and really needs to have another kitty around to help keep him company and play with him. Peloton is very easy going. They both get along great with other cats and would do well in a multi-cat household. Baby Grey has extremely soft fur and feels like a marshmallow, while little Peloton is sleek and



Peloton

shiny. Peloton has a white tip at the end of her tail.

Come see us at the PetSmart on Six Mile Cypress Parkway in Fort Myers.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.\$

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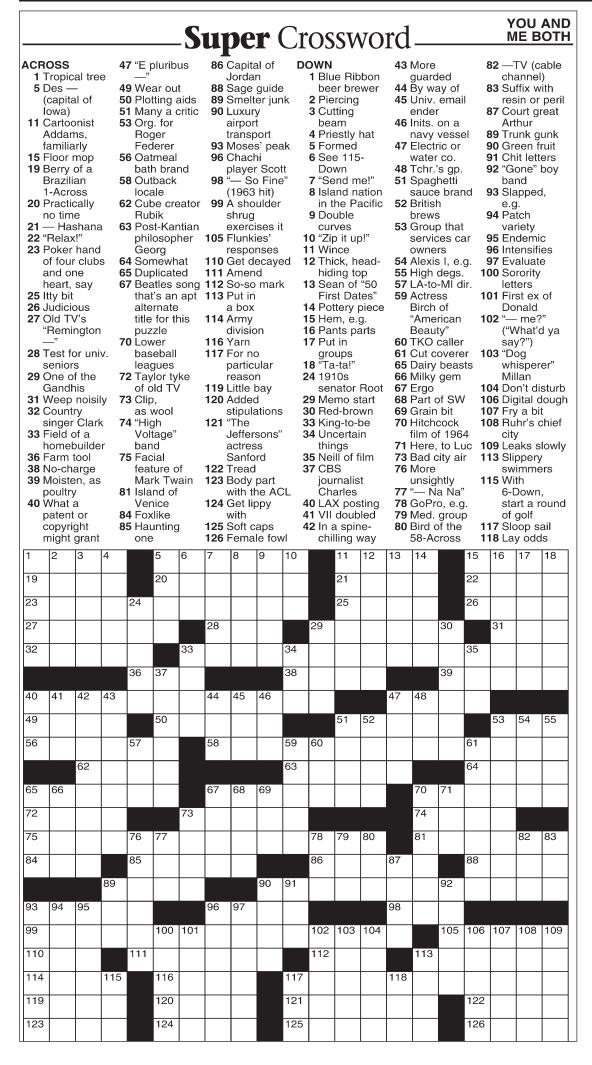
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King Crossword **ACROSS** 1 Poehler's pal 4 Alias letters 7 Envelope part 11 Frosty 13 Wire measure 14 "The Amazing 15 Killer whale 29 16 Everything 17 Basin accessory 18 Intended 20 Burg 22 Sedona automaker 24 Electronic 53 dance music 28 George who 57 played 007 once 60 32 Sandbank 33 Lotion additive 57 "See ya" pet, maybe 30 Region 34 Massachus-58 And others 8 Legislation 31 - Kippur 9 High card 35 Water barrier etts cape 36 Knitting stitch 59 Benefit 38 Helios' realm 10 Apiece 37 Pays attention 60 Shrill bark 12 Pony rider of 40 Coffee, slan-39 Balearic island 61 Wonderment song 42 Pudgy 19 Can metal 41 Went to a **DOWN** 21 Horror direcrestaurant 45 Nutritious 1 Gifttag prepo-43 Cow's comtor Craven bean 23 Kimmel's net- 47 Greek vowel ment sition 44 Responsibility

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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Hospital

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Mosaue

Mill

Skyscraper

Warehouse

Cottage

Dormitory

Firehouse

Greenhouse

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" I'll be home a little late tonight. dear — the boss wants me to take

Answer on page 30B

SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag! Direct **REROD** Devise VINTEN Power GREENY Whole RETINE **TODAY'S WORD**

4				2				7
		1			4		5	
3	8		1			6		
	6		5					1
		5			7	9	2	
8				3		4		
9			7					6
	2			1		8		
		7		4	3		9	

SUDOKU

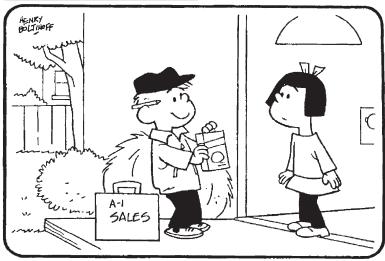
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 31B

HOCUS-FOCUS

BY **HENRY BOLTINOFF**



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



5. Shrub is missing. 6. Picture on box has changed. 3. Boy's pencil is gone. 4. Name on briefcase is different. Differences: 1. Girl's bow is missing. 2. Collar is different.

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FOR WEEK OF NOVEMBER 25, 2019

Aries (March 21 to April 19) A long-sought workplace change could be happening soon. Consider reworking your ideas and preparing a presentation just in case. A personal relationship takes a new turn.

Taurus (April 20 to May 20) Your persuasiveness doesn't really start to kick in until midweek. By then, you can count on having more supporters in your camp, including some you doubted would ever

join you.

Gemini (May 21 to June 20) Your workload is still high, but – good news! you should start to see daylight by the week's end. Reserve the weekend for fun and games with friends and loved ones. You deserve it.

Cancer (June 21 to July 22) Regardless of how frustrating things are, keep that "Crab" under control. A cutting comment you might think is apt right now will leave others hurting for a long time to

Leo (July 23 to August 22) Be more sensitive to the emotions of loved ones

who might feel left out while you're stalking that new opportunity. Be sure to make it up to them this weekend. A nice surprise could be waiting.

Virgo (August 23 to September 22) The gregarious Virgo rarely has a problem making new friends. But repairing frayed relationships doesn't come easily. Still, if it's what you want to do, you'll find a way. Good luck.

Libra (September 23 to October 22) A misunderstanding with a partner or spouse needs to be worked out before it turns into something really nasty. Forget about your pride for now and make that first healing

Scorpio (October 23 to November 21) Communication dominates the week. Work out any misunderstandings with co-workers. Also get back in touch with old friends and those family members you

Sagittarius (November 22 to December 21) As busy as your week is, make time for someone who feels shut out of your life. Your act of kindness could later prove to be more significant than you might have realized.

Capricorn (December 22 to January 19) Congratulations. Your busy workweek

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- Built 2007.
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leads to some very satisfying results. Sports and sporting events are high on your weekend activities aspect. Enjoy them with family and friends.

Aguarius (January 20 to February 18) Your generosity of spirit reaches out once again to someone who needs reassurance. There might be problems, but keeping that line of communication open eventually pays

Pisces (February 19 to March 20) You are among the truth-seekers in the universe, so don't be surprised to find yourself caught up in a new pursuit of facts to counter what you believe is an insidious exercise in lying.

Born This Week: You believe in loyalty and in keeping secrets. All things considered, you would probably make a perfect secret agent.

MOMENTS IN TIME

• On Nov. 28, 1520, after sailing for weeks through the dangerous straits below South America that now bear his name, Portuguese navigator Ferdinand Magellan enters the Pacific Ocean with three ships,

becoming the first European explorer to reach the Pacific from the Atlantic.

- On Nov. 27, 1703, an unusual storm system finally dissipates over England after wreaking havoc for nearly two weeks. Featuring hurricane-force winds, the storm killed between 10,000 and 30,000 people. Hundreds of Royal Navy ships and their crews were lost to the storm.
- On Nov. 26, 1942, "Casablanca," a World War II-era romantic drama starring Humphrey Bogart and Ingrid Bergman, premieres in New York City.

The Oscar-winning film featured a number of now-iconic quotes, including "Here's looking at you, kid."

• On Nov. 25, 1963, three days after

- his assassination in Dallas, President John F. Kennedy is laid to rest with full military honors at Arlington National Cemetery in Virginia. Kennedy was shot to death while riding in an open-car motorcade. He was
- It was novelist, poet and playwright Gertrude Stein who made the following sage observation: "Everybody knows if

.ASSIFIED

ANNUAL RENTAL ANNUAL RENTAL

CANAL FRONT

This updated 2 BR/21/2 BA home

with family room and garage, is

offered unfurnished, and is canal front

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1/25 ★ TFN

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1/26 # TFN

1. Order; 2. Invent; 3. Energy; 4. Entire Today's Word

INVENTORY

you are too careful, you are so occupied in being careful that you are sure to stumble over something.

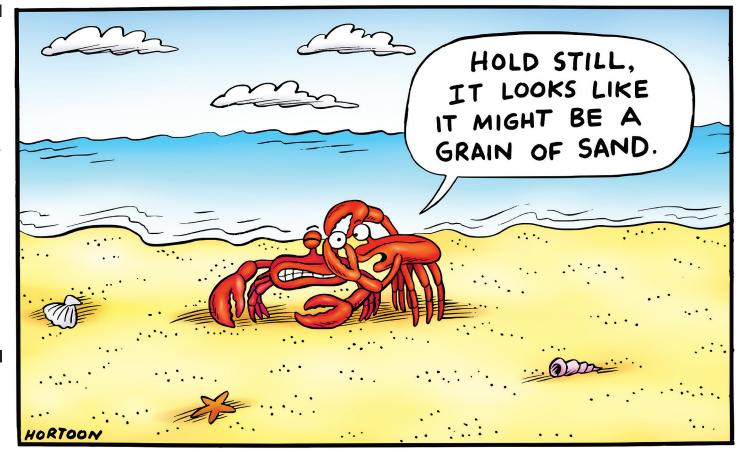
STRANGE BUT TRUE

- If you're like the average American, you will eat about 150 bananas this year -26 pounds' worth.
- A researcher in Britain calculated that local farmland contains more than 2 million spiders per acre. Must be small ones, I'd
- Some people enjoy novelty when dining out, but restaurateurs take a big risk when adding new items to a menu; it seems that less than a third of diners will actually try a new menu item.
- The White House was not designed by an American. It was Irish architect James Hoban who won the competition to create the architectural plans for the home of the political leader of the United States.
- The name of the state of Vermont comes from the French "mont vert," which means "green mountain." (If the explorers who named the state saw green mountains, they obviously were not there in the winter.)
- Two-thirds of all Tony award-winning composers and lyricists have been Jewish.

THOUGHT FOR THE DAY

"I don't trust a man who uses the word evil 18 times in 10 minutes. If you're half evil, nothing soothes you more than to think the person you are opposed to is totally evil." – Norman Mailer

HORTOONS



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P A L M M O I N E S C H A S S W A B A C A I A F L A S H R O S H E A S Y	F E Y A K A F L A P N R A B B E Y	4	5	6	3	2	9	1	8	7			
B U S T E D F L U S H I I O T A W I S E S T E E L E G R E I N D I R A S O B T E R R I I H O U S I N G I N D U S T R Y	RIMY MIL RACE ORCA ALL EWER L\RESR	7	9	1	6	8	4	2	5	3			
H O E F R E E B A S T E	MEANT TOWN	3	8	2	1	7	5	6	4	9			
T R E G R D S R A T E R A T P A V E E N O A U S T R A L A N B U S H	LAZENBY SHOAL PUPT	2	6	4	5	9	8	7	3	1			
E R N O	ALOE COD PURL E RV APHV	1	3	5	4	6	7	9	2	8			
WALRUSMUSTACHE RIALTO SLY GHOST AMMAN GURU	MINDS MAJORCA W/P/P/R/H/EW/ATEOUT MOOD MOSOUES/CWRR	8	7	9	2	3	1	4	6	5			
S L A G L I M O U S I N E B U S S I N A I B B A I O B B A B S	MO\\$\Q U\E\\$\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	9	4	8	7	5	2	3	1	6			
T R A P E Z I U S M U S C L E V E S E S R O T R E V I S E C E E E N C A S E U N I T T T A L E J U S T B E C A U S E	LICIEID BIOLD FIOLE 1 /1////////////////////////////////	5	2	3	9	1	6	8	7	4			
C O V E A N D S I S A B E L S T E P K N E E S A S S B E R E T S H E N S	SAKE YAP AWE L NOISNAM KR	6	1	7	8	4	3	5	9	2			

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Vittoria	Fort Myers	2004	3,940	\$1,150,000	\$988,105	34
Laguna Shores	Fort Myers Beach	1970	3,391	\$999,000	\$925,000	206
Holiday Harbor	Bokeelia	2016	1,831	\$995,000	\$900,000	129
Dunes At Sanibel Island	Sanibel	1978	3,116	\$895,000	\$855,000	15
The Vines	Estero	1997	3,389	\$799,800	\$780,000	46
Cape Coral	Cape Coral	2016	2,619	\$749,900	\$660,000	394
Burnt Store Marina	Punta Gorda	1999	2,118	\$714,900	\$690,000	12
Cape Coral	Cape Coral	2018	2,694	\$699,000	\$685,000	310
Cape Coral	Cape Coral	2019	2,657	\$698,000	\$695,000	26
Belle Meade	Fort Myers	2001	3,309	\$685,000	\$652,500	135



POTENTIAL AS FIX & FLIP 1558 Sand Castle Rd in The Dunes

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~140' on deep-water canal. 3-suite fully-remodeled ground-level home with central great rm & upper loft. Coastal décor & expansive pool. \$2,095,000

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The SanibelSusan Team is thankful, especially for these clients & colleagues working with us in 2019. Let us add you to the 2020 list!

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